

Local Newcomer Packets

Create a local newcomer packet to complement the World Service Office newcomer packets. The newcomer packets can be a local introduction to your local fellowship and help the new person realize that they are a small part of a huge whole.

The local newcomer packet can contain one or more of the following pieces of information:

- A newcomer welcome coin (available from www.oa.org, item 560K).
- A local meeting list.
- A list of upcoming holiday events or celebrations, for instance holiday marathons, IDEA Day, Unity Day, retreats, etc.
- Copies of the OA online and telephone meeting lists.
- A brochure on OA Service by Mail.
- A business card listing the IG, Region and World Service office web sites.
- A business card with the Region 5 toll-free telephone number.
- A brochure that describes the service opportunities available at Overeaters Anonymous, including a description of the service structure (WSO, Regions, IGs) and the typical local service opportunities.
- A compulsive overeater's story taken from the sample Lifeline issue available at www.oa.org.
- Information on purchasing the Big Book of Alcoholics Anonymous, Twelve Steps and Twelve Traditions of Overeaters Anonymous and Overeaters Anonymous.

You may ask, "Who is going to create these brochures and business cards and lists, and who will buy and stuff the envelopes with all this stuff?" Well, YOU will!!

And you probably won't spend a minute thinking about overeating as you do.

These can be given to newcomers along with the WSO newcomer packets and will make great packages to distribute to professionals who might make OA referrals.