

Central Ohio Service Intergroup of Overeaters Anonymous
1561 Old Leonard Avenue, Room 20 Columbus OH 43219

614-253-2492

www.region5oa.org

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When	Where	Address	Town	Format	Contact	Group #
Sunday, 4pm	St. Luke's Methodist Church	1150 W. 5 th Ave, Back Basement	Columbus	Varies ♿	Jamie (614) 442-6918	29746
Monday, 9:30am	Northwest Christian Church	1340 Fishinger Rd.	Upper Arlington	Big Book, 1 ♿	Bette (614) 451-0699	08083
Monday, Noon	All Saints Lutheran Church	6770 N. High St.	Worthington	Step, 2 ♿	Bobbi (740) 967-1517	46554
Monday, 1pm	St Paul Lutheran Church	Sixth and Center Sts. (Call First to Confirm Mtg)	Ironton	Varies	Janet (606) 836-8303	45543
Monday, 5:30pm	Salvation Army Building	221 Dewey Ave.	Cambridge	Varies, 1 ♿	Ester (740) 432-3338	24005
Monday, 7pm	Faith Covenant Church	3607 Dempsey Rd, Westerville	Westerville	Varies ♿	Margie V. (614) 226-4227	23004
Monday, 7pm	Newark Public Library-2 nd fl private.study room	101 W. Main St,	Newark	Varies	Mackenzie (740) 973-3774	
Tuesday, 6:30 am	Panera Bread Community Room	3625 Fishinger Blvd. (I-270 and Fishinger Rd.)	Hilliard	12 Step Writing Focus	Carol H. (614) 777-8596	09134
Tuesday, 5:30pm	Pleasant Grove United Methodist Church	400 Pleasant Grove Rd.	Zanesville	Varies, 1	Ann K. (740) 454-2416	16650
Tuesday, 7:30pm	St. John's Lutheran Church	3220 Columbus St.	Grove City	Varies	Sioux (614) 886-5030	29749
Wednesday, Noon	All Saints Lutheran Church	6770 N. High St.	Worthington	Disc, 1,2 ♿	Carol J. (614) 759-8361	46557
Wednesday, 7pm	Overbrook Presbyterian Church	4131 N. High St.	Columbus	Disc, 1 ♿	Carol H. (614) 777-8596	22107
Thursday, 9:30am	Northwest Christian Church	1340 Fishinger Rd.	Upper Arlington	Varies, 1 ♿	Lea (614) 451-1281	02089
Thursday, 7pm	Mt. Carmel East Hospital	6001 E. Broad St. Room B Next to Cafeteria	Columbus	Tools/Lead	Barbara G/ (614) 577-1807	48912
Thursday, 7pm		1125 Gomber Ave.	Cambridge	Varies	Rose L. (740) 705-1055	48764
Friday, 1pm	St. Paul Lutheran Church	Sixth and Center Sts. (Call first to confirm mtg.)	Ironton	Step, 1	Janet (606) 836-8303	45544
Friday, 4:00; once a month: first Friday	Panera Bread Community Room	3625 Fishinger Blvd. (I-270 and Fishinger Rd.)	Hilliard	12 th Step Within, OA Literature, Writing	Carol H. (614) 777-8596	48977
Saturday, 9:30am	North Community Lutheran Church	114 Morse Rd.	Columbus	Step/Disc, 1	Dianne M. (614) 898-5447	35369
Saturday, 10am	Central Presbyterian Church	40 N. Sixth St. (use side door on alley)	Zanesville	Big Book, 1 ♿	Mary Ann (740) 828-3675	17037

Big Book: Reads AA Big Book

1: Nonsmoking meeting

Fourth Saturday of each month: Intergroup meeting at central office (address above) 11:00am

Disc: discussion

2: Lunch ok at meeting

call Dianne Mc 614-261-3613 for information

Varies: format varies week to week

Please send group donations for Intergroup to Treasurer, c/o OA at above address

Please send group donations for Region V to Region V Treasurer, P.O. Box 2132, Westerville, OH 43086

OA World Service: P.O. Box 44020 Rio Rancho, NM 87174-4020

Starting a meeting? Contact the Intergroup

to find out about new meeting support!

♿ Handicapped accessible

Meeting changes? Call Karen B. 614-836-2708

revised 11/11/2005