

# EVENING PRAYER

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God, forgive me where I have been resentful, selfish, dishonest, or afraid today.

Help me not to keep anything to myself but to discuss it all openly with another person.

Show me where I owe an apology and help me make it.

Help me to be kind and loving to all people.

Use me in the mainstream of life, God.

Remove any worry, remorse or morbid (sick) reflection that I may be of usefulness to others.