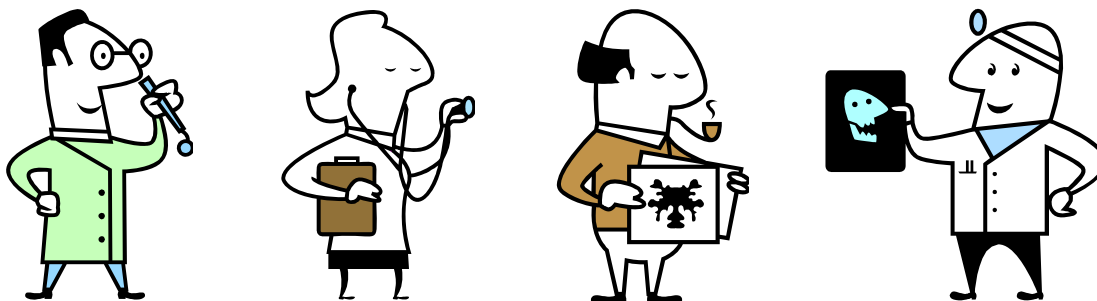


## ARE YOU A HEALTHCARE PROFESSIONAL? IS FOOD A PROBLEM FOR ONE OF YOUR CLIENTS?

We want you to know about another resource in your community: Overeaters Anonymous, a fellowship of individuals who support one another in solving our common problem, compulsive eating.



Our program, which is patterned after that of Alcoholics Anonymous, has no dues or fees for membership, and no weigh-ins. We are not affiliated with any other organization, nor are we in competition with any weight loss program or group. Further, we are not experts about obesity, weight loss, or compulsive eating. We simply want to share our recovery experiences with others who desire our help. If you would like to learn more about OA and what it does, we'd be happy to have an OA member speak to your group.

Please call our toll-free number, **800-589-6262(OAOA)**. Someone is there Monday through Friday from 9 am until noon to take your call.

### PUBLICATIONS

**Introducing OA to Health Care Professionals**  
**OA Is Not A Diet Club**  
**Treatment and Beyond**  
**Fifteen Questions**

They can be purchased at [www.oa.org](http://www.oa.org).

Our World Service Office also publishes an online newsletter for the professional community. Please visit [www.oa.org/courier06/courier06.htm](http://www.oa.org/courier06/courier06.htm).

### Who can attend OA meetings?

According to OA's Third Tradition, the only requirement for OA membership is a desire to stop

eating compulsively. If you are not a compulsive overeater and you'd like to attend a meeting for professional, educational or other personal reasons, please seek out **open meetings**.

An open meeting is one where the group has taken a group conscience and decided to welcome all persons interested in the meeting, whether they are compulsive overeaters or not. Anonymity is the spiritual foundation of our program. That's why open meetings are group conscience decisions.

There is no master list of open meetings. Please check [www.oa.org](http://www.oa.org), or this web site, for meetings in your area. The list may state whether or not it is an open meeting. You may have to speak with the person chairing the meeting to determine what that group's policy is regarding participation of "non-O.A.s."