

November 9, 2005

Dear Region V Fellowship,

The newsletter committee is responsible for producing three issues per year of the Freedom From Bondage Newsletter. The purpose of the newsletter is to acquaint the delegates and members of OA in our region about the activities of the region and to share our experience, strength and hope.

The committee meets during the business assembly and talks about the logistics of creating the next newsletter. We brainstorm ideas for questions to ask the delegates. We pass around a clipboard with two questions for the delegates to respond to. Our committee chair is responsible for asking officers to submit articles for the next issue, including an Ask It Basket article and a message from our region chair. I do the layout of the issue. The other members of the committee review the issue prior to posting to check for facts and compliance with traditions of Overeaters Anonymous. The committee chair makes copies of the newsletter for distribution at the business assembly. The newsletter is available on-line.

The member of the fellowship who is involved in service at the Region level is given a preference as to which committee he/she wishes to serve on. The board places people on committees based on their requests.

Our latest accomplishments involve getting a working relationship working due to the fact that we are all new to the committee. We examined the bylaws and decided that we needed to update the wording of our committee's charge to bring it in line with the reality of on-line postings and e-mail. We hope to continue to expand the contributions by our members to the newsletter and to create the best newsletter we can.

Thanks,

B.L.,
Newsletter Committee Chair