

Web Page Changes (easy, easy, easy!)



A Primary Purpose

OA is a fellowship of individuals who, through shared experience and mutual support, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively.

There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations.

OA is not affiliated with any public or private organization, political movement, ideology or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

Its easy to change intergroup information

Sometimes you just need to make a change. OA fellowships go through all sorts of changes: post office boxes, telephone numbers, meeting times and locations, meetings added or canceled. Whatever the reason, at one time or another an intergroup needs to contact Region 5 Web Headquarters to change their www.region5oa.org information.

Thankfully, it's an easy thing to do. We at Region 5 Web Headquarters expect the intergroups to send us changes. After all, the sole purpose of www.region5oa.org is to be a source of current information. If intergroups are "holding back" the site is not useful.

In order to expedite information changes, we ask that intergroups keep certain things in mind.

1. Send information to Leslie at website@region5oa.org.

2. For each change include the name of your intergroup in the email, preferably in the subject line. We don't want to accidentally post Dayton Intergroup's meeting list to Columbus Intergroup's site.

3. If you are sending information about meeting changes, try to send in the meeting/group number, or at least as much information as possible about the meeting. Web Headquarters want to ensure that they make the right changes.

4. If you have a new meeting list or event that you want posted, send it to us in a pdf or MS Word format. We only have software capabilities for these file types. That means no MS Excel spreadsheets please!

If you have any questions, just email us at website@region5oa.org. Email is checked daily unless we are traveling for work. We are usually home by the weekends.

Thank you for letting us do this service for the Region 5 groups.