

# ***\*TAKE THE PROGRAM SERIOUSLY – NOT YOURSELF!***

Celebrate **I.D.E.A.** with the OA Fellowship of Louisville Metro Intergroup

**Experience FUN Taking A Serious Look At Abstinent Recovery**

## **I.D.E.A.**

**I.D.E.A.** International Day Experiencing Abstinence: Celebrated the third Saturday in November, this day encourages OA members worldwide to begin or reaffirm their abstinence from compulsive overeating.



**November 15, 2008**

*Salem United Church of Christ; 3408 Newburg Road; Louisville, KY*

**12:00 Noon** Registration & Fellowship Lunch-- **B.Y.O.F** (Bring Your Own Food)

**1:00 PM – 4:00 PM** *“Take the Program seriously - not yourself”* Discussion Meeting & **FUN** Recovery Games

\* (OA slogans) **TAKE THE PROGRAM SERIOUSLY, NOT YOURSELF**  
**RULE 62 – Don't take yourself so darn seriously.**  
*Suit up and show up!*

**I.D.E.A. hosted by “WE ARE NOT A GLUM LOT” Monday 6:30 PM meeting @ Salem**  
**7<sup>th</sup> Tradition Donation accepted at Registration; Coffee, Tea & Water provided**

*Extend the heart & hand of OA – make a call, invite struggling members & meeting dropouts to **I.D.E.A.***