



September 4, 2006

Labor Day Meeting
Madison Meriter Hospital
9:00 am Off Cafeteria

Abstinence, continued

If you have been **trying** to give up the old ways and have condemned yourself for failure to do so, simply be **willing** to learn how the old ways may be replaced with ways of peace.

September 22-24, 2006 Retreat:

Restore me to Sanity
Milwaukee Area Intergroup
Pat S. 414-258-0466
Lynn H. 262-547-3985

If you are **trying** to be abstinent, you will fear failure. If you are **willing** to be abstinent, even "failure" may be used as a teaching device.

If you are **trying** to be abstinent, you will fear not being able to be abstinent. You will judge yourself a failure. If you are **willing** to be abstinent, no setback becomes a problem, for you know you will be shown

October 21-22, 2006

Stepping Into Recovery Retreat
Northeast Iowa Intergroup
Sinsinawa, WI
Paula 815-858-3423

If you are **trying**, you are attempting to be abstinent by yourself. If you are **willing** to be abstinent you are asking for guidance.

Trying to be abstinent places the responsibility on you. Being **willing** to be abstinent, places the responsibility on God.

June 1 -3, 2007

Big Book Retreat
Madison Area Intergroup
www.region5oa.org/events

Willingness to be abstinent is, in a sense, a prayer. **Trying** to be abstinent is an act of separation from your Higher Power.

When you **try**, there is resistance. When you are **willing**, there is acceptance.

If you are **trying** to be abstinent, everything is an interference. If you are **willing** to abstinent, everything is of assistance.

The freely made choice to be abstinent is the most important decision you make each day because it speaks for your willingness to be abstinent each day.

Without the giver of the gift (of abstinence), there would be no gift. Which is more important, the giver of the gift or the gift itself? Bear in mind this particular gift is just for one day, or one meal at a time.

News From Intergroup

There is an opportunity for an access hour on WORT in August or September. Rhonda is looking for interested persons.

A person is needed to plan IDEA day in November

Special Collection coming for WSO - they need more contributions from the groups in order to meet their budget

Notes on Meetings

Mc Farland meeting has moved to McFarland Lutheran Church for the summer only

Monday 7 p.m. meeting in Fitchburg has changed their format to OA Literature Study

