



**NOVEMBER 2022**  
**Region 5 Trustee Liaison Report**

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**Continuing Intergroup Renewal:**

It has been my pleasure to assist intergroups in their renewal process. This year I have assisted 2 intergroups on digital platform. Hopefully this year, it will be F2F. I have two intergroups who are investigating the possibility of doing the intergroup renewal. Please contact myself [r5TrusteeBarb@gmail.com](mailto:r5TrusteeBarb@gmail.com) or any board member.

**Traditions Workshops:**

All board members will gratefully help you in any Traditions Workshops you are hosting. Please let us know and we will assist you in any way that you need.

**Copyright Information**

In video conference meetings screen or audio share must:

- be temporary, meaning it must be removed at the end of the meeting
- be limited, meaning it is only a small portion of the overall content of the meeting
- be cited as the copyright of Overeaters Anonymous, Inc. (See full guidelines for citation format.)
- not be reproduced beyond the original share

**Meeting changes:**

Remember to inform the WSO whenever you have meeting changes to your directory by going to Edit a Meeting at oa.org. We have had many changes because of COVID and virtual meetings. Slow, we are turning to face-to-face meetings. Also, if your meetings choose to stay virtual, the group can still remain in your intergroup. **“Edit a Meeting”** <https://oa.org/add-a-meeting/edit-a-meeting/> at oa.org. **You can edit your intergroup as well on “Find a Service Body”** <https://oa.org/add-a-meeting/registration-forms/>

**Literature Announcements and Reminders:**

- Voices of Recovery is updated in digital and print!  
<https://oa.org/news/voices-of-recovery-second-edition-arrives-in-print-and-digital-formats/>
- OA's 12&12 is now an audio book!  
<https://oa.org/news/voices-of-recovery-second-edition-arrives-in-print-and-digital-formats/>
- Our service & traditions pamphlet is a free download  
<https://oa.org/news/voices-of-recovery-second-edition-arrives-in-print-and-digital-formats/>
- Where Do I Start? Pamphlet is a free downloadable!  
<https://oa.org/news/where-do-i-start-pamphlet-now-available-as-free-download-on-oa-org/>

**Region 5 Inventory**

We are grateful for those members who filled out the Region 5 Inventory. I hope this discussion of the inventory will help our region grow. It is downloadable in Packet “B”. on [region5oa.org](http://region5oa.org)

Yours in Service,  
Barb K  
Region 5 Liaison

