



## OVEREATERS ANONYMOUS

## REGION 5 SECRETARY

January 24, 2023

**RE: Region 5 2023 Spring Assembly**

Friday, March 10<sup>th</sup> through Sunday, March 12<sup>th</sup>, 2023.

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The full Assembly will be held **in-person only** at the Hilton Garden Inn in Edinburgh, Indiana. **PLEASE NOTE THAT THIS IS A NEW LOCATION FOR ASSEMBLY.** Beginning on Friday, March 10<sup>th</sup> through Sunday, March 12<sup>th</sup> and is **open to all Region 5 OA members.**

You can register for the 2023 Spring Assembly at this link: [REGISTER HERE](#)

There is more information about the Hotel in the A03 document, Packet A Pages 7 and 8 (page nos. at top) and in the email notice.

This letter is part of the 2023 Spring Assembly **Packet A**. There will be one more Packet released before the Assembly (**Packet B** – Containing Officer and Committee Reports and other important Region 5 business information) and one Packet released after the Assembly (**Packet C** – containing the Assembly Meeting Minutes and other supporting documents).

### **Region 5 2022 Fall Assembly Packet A Documents:**

- A01\_Region 5 2023 Spring Assembly Secretary Letter
- A02\_Region 5 2023 Spring Assembly Agenda
- A03\_Region 5 2023 Spring Assembly Hotel Information
- A04\_Region 5 2022 Fall Assembly Minutes
- A05\_Region 5 2023 Spring Assembly Amendments and Motions
- A06\_Region 5 Bylaws\_1\_13\_23
- A07\_Region 5 Policies and Procedures\_1\_25\_23
- A08\_Region 5 Stand Rules
- A09\_Region 5 Assembly Info
- A10\_Region 5 Assembly Handbook
- A11\_Region 5 Funding Assistance Form-2022
- A12\_Region 5 Business Committee Form
- A13\_Region 5 Committee Contact Form
- A14\_Region 5 Outreach Committee\_SMART Goals Form
- A15\_Region 5 Updated Convention Guidelines\_2022
- A16\_OA Overall Service Structure Graphic\_temp
- **Packet A Combined Print Document**
  - We highly recommend reviewing all of the Packet A and Packet B materials before the business of the Assembly starts on Saturday morning.
  - Please note that we added Packet page numbering at the **TOP** of the **Combined Print Document PDF pages** (as suggested at the Fall Assembly) and blank Packet break pages, to assist with finding

documents during the sessions. When searching for these new top of page reference page numbers, please ignore any numbering that appears at the bottom of the pages (those numbers are native to the original individual documents). The R5 Chair will read out the page numbers during the Assembly and also provide long pauses for attendees to find the correct documents. Another suggestion we received was for people to possibly sort their documents according to their position on the Assembly Agenda (provided in Packet A document: *A02\_Region 5 2023 Spring Assembly Agenda*).

- We have also included the option to request Packet printouts, as part of the Spring Assembly online registration.
  - There will be an additional **\$30** charge for R5 supplying the Packet printouts.
  - The deadline for requesting Region 5 Packet printouts will be February 24<sup>th</sup>.
- The Board hopes these new measures will help with the Packet documents during the Assembly.

**What is not included in Packet A**

- Reports from Region 5 Committees and Officers of the Board. These will be in **Packet B** and available on the website on Friday, February 24th.

If you have any questions, please don't hesitate to email me.

Thank you.

Keri E.

Region 5 Secretary

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