



**REGION 5 2023 SPRING ASSEMBLY  
March 10th, 11th, and 12th, 2023**

## **Amendments and Motions**

### **Contents**

<b>Region 5 Bylaws Amendment B1 .....</b>	<b>2</b>
<b>Region 5 Bylaws Amendment B2 .....</b>	<b>4</b>
<b>Region 5 Bylaws Amendment B3 .....</b>	<b>6</b>
<b>Region 5 Policies and Procedures Motion P1 .....</b>	<b>8</b>

**Region 5 Bylaws Amendment Form (B1)  
Amendment 1**

**Date: 1/2/2023**

**MOVE TO AMEND:**

ByLaws ARTICLE VIII - EXECUTIVE BOARD, page B-6 job responsibilities adding item E to allow the committee to create an ad hoc committee.

**CURRENT WORDING:**

**ARTICLE VIII - EXECUTIVE BOARD**

- A. The Region 5 officers shall serve as the Executive Board of Region 5. All officers have a vote. Two (2) members constitute a quorum.
- B. The Executive Board shall:
  - 1. Have general supervision of the affairs of Region 5 between Region 5 assemblies.
  - 2. Make recommendations to the Region 5 Assembly.
  - 3. Perform such duties as are specified in these Bylaws.
  - 4. Be subject to the orders of the Region 5 Assembly and none of its acts shall conflict with the action taken by the Region 5 Assembly.
  - 5. Appoint an officer to act as a board liaison to any standing or special committee as needed.
- C. The Executive Board shall meet at the call of the chair or a majority of its members.
- D. Officers may participate in and act at any meeting of the Executive Board through the use of a conference telephone or other equipment by means of which all participating in the meeting can communicate with each other at the same time. Participation in such meeting shall constitute attendance and presence in person at the meeting.

**PROPOSED WORDING:**

Add item E.

**E. The Chair may create an ad hoc committee, if necessary, with board approval and assembly notification**

**SUBMITTED BY:** Region 5 Bylaws Committee – Pam P. chair, 2165363218, [pmp301@cox.net](mailto:pmp301@cox.net)

**INTENT:**

Allow the Region 5 Board to create an ad hoc committee in a timely manner to conduct the business of the Region.

**IMPLEMENTATION:**

Update the Region 5 Bylaws and publish electronically to the Region fellowship.

**COST:** No additional expenses are needed.

**RATIONALE:** This past year no intergroup stepped up to host the 2023 Region 5 Convention. The Board was not able to create an ad hoc group to work on options for a Convention until the Fall assembly, wasting time. This proposal would allow the Board to create ad hoc committees before assembly meets with proper approval.

## Region 5 Bylaws Amendment Form (B2) Amendment 2

**Date: 1/2/2023**

### **MOVE TO AMEND:**

ByLaws ARTICLE VII. A.2 - page B-5 to all for as many nominees for Trustee Liaison as the assembly proposes.

### **CURRENT WORDING:**

- A. Nominations of the Region 5 Trustee
  - 1. At least one hundred fifty (150) days prior to the scheduled opening of the annual WSBC, all intergroups within Region 5 shall be notified by the Region 5 officers of the forthcoming WSBC, with a request to all qualified members from Region 5 to submit nominations to Region 5.
  - 2. At least ninety (90) days prior to the annual conference of OA, each region shall choose up to three proposed and qualified nominees from that region. Resumes of these nominees must be sent to the Board of Trustees within one week of their selection. Copies of these resumes will be sent to all members of the conference at least forty-five (45) days prior to the WSBC.

### **PROPOSED WORDING:**

- A. Nominations of the Region 5 Trustee
  - 1. At least one hundred fifty (150) days prior to the scheduled opening of the annual WSBC, all intergroups within Region 5 shall be notified by the Region 5 officers of the forthcoming WSBC, with a request to all qualified members from Region 5 to submit nominations to Region 5.
  - 2. At least ninety (90) days prior to the annual conference of OA, each region ~~shall~~ may choose ~~up to three proposed and~~ qualified nominees from that region. Resumes of these nominees must be sent to the Board of Trustees within one week of their selection. Copies of these resumes will be sent to all members of the conference at least forty-five (45) days prior to the WSBC.

**SUBMITTED BY:** Region 5 Bylaws Committee – Pam P. chair, 2165363218, [pmp301@cox.net](mailto:pmp301@cox.net)

### **INTENT:**

To allow the Region to submit as many qualified nominees for Region Liaison as they deem necessary.

### **IMPLEMENTATION:**

Update the Region 5 Bylaws and publish electronically to the Region fellowship.

**COST:** No additional expenses are needed.

**RATIONALE:**

To not limit the Region in nominees for Trustee Liaison.

## Region 5 Bylaws Amendment Form (B3) Admendment 3

**Date: 1/2/2023**

### **MOVE TO AMEND:**

ByLaws ARTICLE VII. A.5 - page B-6 to remove the requirement of residency of Trustee Liaison.

### **CURRENT WORDING:**

- B. Nominations of the Region 5 Trustee
1. At least one hundred fifty (150) days prior to the scheduled opening of the annual WSBC, all intergroups within Region 5 shall be notified by the Region 5 officers of the forthcoming WSBC, with a request to all qualified members from Region 5 to submit nominations to Region 5.
  2. At least ninety (90) days prior to the annual conference of OA, each region shall choose up to three proposed and qualified nominees from that region. Resumes of these nominees must be sent to the Board of Trustees within one week of their selection. Copies of these resumes will be sent to all members of the conference at least forty-five (45) days prior to the WSBC.
  3. Qualifications for Region 5 trustee set by World Service require that in no case shall the nominee have less than seven (7) years in the Fellowship; five (5) years of service beyond the group level; attendance as a delegate to at least two (2) World Service Business Conferences; five (5) years of continuous recovery in Overeaters Anonymous as evidenced by 1) five (5) years of current continuous abstinence, maintenance of a healthy body weight for at least two years and 2) emotional and spiritual growth as a result of incorporating into their lives the Twelve Steps and Twelve Traditions as a new way of living. These qualifications must be met at the time application for trustee is submitted to the WSO. Specifically, such trustee nominees must also have given away a Fourth-Step inventory, declared themselves as practicing the Twelve Steps to the best of their ability, and as committed to the Twelve Traditions of Overeaters Anonymous to be affirmed on their trustee application forms. Upon election, the Region 5 trustee shall make a commitment of adherence to the Twelve Steps, Twelve Traditions, and Twelve Concepts of OA Service and continual recovery including abstinence and maintenance of a healthy body weight throughout the entire term(s) of office. Each person shall be the judge of his or her own recovery including abstinence and maintenance of a healthy body weight, and that he or she agrees to comply with and be bound by all the terms and provisions of the prevailing Overeaters Anonymous, Inc. Bylaws.
  4. The nominee(s) chosen at the Region 5 Assembly shall be submitted to the WSBC for election.
  5. All Region 5 trustee nominees shall live within the boundaries of Region 5.

### **PROPOSED WORDING:**

- B. Nominations of the Region 5 Trustee
1. At least one hundred fifty (150) days prior to the scheduled opening of the annual WSBC, all intergroups within Region 5 shall be notified by the Region 5 officers of the forthcoming WSBC,

- with a request to all qualified members from Region 5 to submit nominations to Region 5.
2. At least ninety (90) days prior to the annual conference of OA, each region shall choose up to three proposed and qualified nominees from that region. Resumes of these nominees must be sent to the Board of Trustees within one week of their selection. Copies of these resumes will be sent to all members of the conference at least forty-five (45) days prior to the WSBC.
  3. Qualifications for Region 5 trustee set by World Service require that in no case shall the nominee have less than seven (7) years in the Fellowship; five (5) years of service beyond the group level; attendance as a delegate to at least two (2) World Service Business Conferences; five (5) years of continuous recovery in Overeaters Anonymous as evidenced by 1) five (5) years of current continuous abstinence, maintenance of a healthy body weight for at least two years and 2) emotional and spiritual growth as a result of incorporating into their lives the Twelve Steps and Twelve Traditions as a new way of living. These qualifications must be met at the time application for trustee is submitted to the WSO. Specifically, such trustee nominees must also have given away a Fourth-Step inventory, declared themselves as practicing the Twelve Steps to the best of their ability, and as committed to the Twelve Traditions of Overeaters Anonymous to be affirmed on their trustee application forms. Upon election, the Region 5 trustee shall make a commitment of adherence to the Twelve Steps, Twelve Traditions, and Twelve Concepts of OA Service and continual recovery including abstinence and maintenance of a healthy body weight throughout the entire term(s) of office. Each person shall be the judge of his or her own recovery including abstinence and maintenance of a healthy body weight, and that he or she agrees to comply with and be bound by all the terms and provisions of the prevailing Overeaters Anonymous, Inc. Bylaws.
  4. The nominee(s) chosen at the Region 5 Assembly shall be submitted to the WSBC for election.
  5. ~~All Region 5 trustee nominees shall live within the boundaries of Region 5.~~

**SUBMITTED BY:** Region 5 Bylaws Committee – Pam P. chair, 2165363218, [pmp301@cox.net](mailto:pmp301@cox.net)

**INTENT:**

To bring the bylaws in compliance with World Service and Board of Trustee actions

**IMPLEMENTATION:**

Update the Region 5 Bylaws and publish electronically to the Region fellowship.

**COST:** No additional expenses are needed.

**RATIONALE:**

. To bring the bylaws in compliance with World Service and Board of Trustee actions

# Region 5 Policies & Procedures Amendment Form Motion 1

**Date: 1/2/2023**

## **MOVE TO AMEND:**

Policies & Procedures I.C, page 6, add #8 to clarify a Trustee Liaison nominee's expense coverage to WSBC.

## **CURRENT WORDING:**

7. In the event that there are no applicants for Region trustee at a fall assembly where applications are needed, or if a vacancy occurs where there is no Region assembly prior to the date required for submission of applications, the following options may be taken:
  - a. The Region board will solicit applications from Region 5 intergroups and representatives.
  - b. All requirements set by the World Service Office must be met prior to the Region 5 board considering completed application(s).
  - c. A majority vote of the Region 5 board will constitute affirmation of the applicants.
  - d. Notification of affirmation process results shall be sent to Region 5 intergroups.

## **PROPOSED WORDING:**

**Add item .#8.**

8. If the Trustee Liaison nominee is a Delegate to WSBC for their intergroup, then expenses to WSBC will be covered by the nominee's intergroup, supplemented by Region 5 as necessary. If the Trustee Liaison nominee is not a Delegate to WSBC for their intergroup, then expenses to WSBC will be covered by Region 5.

**SUBMITTED BY:** Region 5 Bylaws Committee – Pam P. chair, 2165363218, [pmp301@cox.net](mailto:pmp301@cox.net)

## **INTENT:**

Clarify how the Trustee Liaison nominee's expenses will be reimbursed.

## **IMPLEMENTATION:**

Update the Region 5 Policies and Procedures and publish electronically to the Region fellowship.

**COST:** No additional expenses are needed.

**RATIONALE:** To clarify to the fellowship the expense reimbursement method for selected Trustee Liaison nominees to the World Service Business Conference.