



Chair Report for Assembly – March 2023

Hello all my family,

Welcome to the region assembly information. We are all getting ready for WSBC and R5 Assembly. I have looked at the motions, agenda and timeline, we have a lot to do together. Remember that

Some of the things that I saw in the inventory for region 5 are:

1. More time and training for the new reps
2. More training on Roberts Rules
3. How to ask questions during the assembly
4. Assign people that need help to a “seasoned” rep
5. Do you know how to “Vet” new volunteers to be on the board?
6. Does a position on the board scare you?
7. More communication between the board and committee’s
8. Training for new committee chairs
9. Board members being more available to other OA members

Thank you all for giving us our goals for the next year. What I would like to do is, show what each board position does so that more people will be willing run for these offices. Wouldn’t it be awesome if 3 or 4 people ran for the offices? We can do this!

I want OA to be in my future and I can’t do it without you. Being region Chair has helped me grow in a way I never would have expected. Think about it, how can we grow together.

The Region Chairs Committee (RCC) meeting in Region 5 for the Region 5 Fall Assembly at the end of October this year. It helps us as Region Chairs to learn how the business of OA is handled in other Regions. We also have the joy of making new connections with members of the fellowship in the Regions we visit. When the Chairs met, we discussed our current committee work and did more planning for the Forum for the 2023 World Service Business Conference.

We have a wonderful group of people from different intergroups that are putting on our convention this years convention that will be virtual. The convention theme is: Stepping into the Promises. We are looking for people to help with our convention committee.

I see this as an exciting time for our region! I am excited about the journey we are on for the region. Be a part of this adventure.

See you all soon,

Together we get better!
Thank you! Eileen C.

Region 5 Chair

Recovery is ALIVE in Region 5 - www.Region5OA.org

"Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible."