



March 2023 Region 5 Trustee Liaison Report

WSBC 2023 Update

Concepts of Service Will Be the Focus of WSBC 2023

April 25–29, 2023 at Embassy Suites Albuquerque Hotel

Registration is open until March 17, 2023

More information at: <https://oa.org/world-service-business-conference/>

Safeguard Your Virtual Meetings with Our New Suggestions

New Document on oa.org

Videoconference Meeting Training and Security/Preventive Measures

<https://oa.org/news/new-videoconference-meeting-training-and-security-preventive-measures/>

Professional Exhibits Fund

Is Your Intergroup Considering a Professional Exhibit?

New Rolling Deadline

Attention all professional outreach committees: OA has a new rolling deadline for Professional Exhibits Fund applications, which is the 10th of every month. Applications received by this deadline will be reviewed on the 15th of the same month.

The Professional Exhibits Fund has money available to help your service body participate in a trade conference or a convention for professionals who may refer patients and clients to OA. Take a look at the application to see what expenses OA can help cover. Find the application in the Document Library at oa.org under the category "Public Information."

"For Professionals" Document

This is a link to OA's document for professionals: "The Courier"

chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://oa.org/app/uploads/2023/01/courier-2023.pdf

Make sure you update your meeting information!

The WSO wants your group's most current meeting details. Go to Edit a Meeting: <https://oa.org/add-a-meeting/edit-a-meeting/> at oa.org to update your information so that members in recovery and still-

suffering compulsive eaters can locate meetings they can attend. While we are affected by social distancing, it is best to send meeting updates to your service body as well. Thank you for your service!

Updated: Lifeline Meeting Format

In keeping with the recent revival of our Lifeline content via the brand-new blog, <https://lifeline.oa.org/>, the Suggested Lifeline Meeting Format has been revised and posted in the Document Library on oa.org under the category “Meeting Formats.” <https://oa.org/document-library/>

Groups looking to include new perspectives and insights on compulsive eating can use this meeting format as a guided way to discover the wealth of Lifeline articles and shares available to our Fellowship. Back issues of our print Lifeline are available at bookstore.oa.org, and new testimonials can be found on lifeline.oa.org. Download the Suggested Life-line Meeting Format for your group today!

OA Blog link: <https://lifeline.oa.org/>

New podcasts on Lifeline – OA’s Doctor’s Opinions:
<https://lifeline.oa.org/tag/appendices-to-overeaters-anonymous-third-edition/>

Region 5 Liaison Activities

- Continue Intergroup Renewal
 - 2022 - Three Intergroups went through Virtual Renewal
 - 2023 – One intergroup has started on their venture and we hope to have a face-to-face Intergroup renewal. You may be invited to this to see how renewal works
- IG2IG Committee work
 - Contact Intergroups who we have not seen for a while at Assembly
 - Create surveys for Region 5
- Bylaws Committee
- Answering emails from Region 5 members
- World Service Activities
 - Chair of the Board Approved Literature
 - Updating several documents that are in oa.org
 - Updating the upside-down pyramid of service to include National Service and Language Boards
 - Member of the Website Review for oa.org
 - Temporary co-chair for the Young People’s Committee
- Attendance at BOT Meetings