

PIPO Committee Meeting Minutes
3/11/23

Present: Melissa (Chair) Pam L. (Secretary) Preston, Lynn H, John P, Wanda C, Ed L, Linda P (Board), Marilyn D, Sheryl G, Sally L, Diane A, Christine G

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Purpose of committee:

To explore the best way to share the message of Overeater's Anonymous with compulsive overeaters and the professional community

Chair of committee: Melissa B

Committee provided with R5's top priorities for PIPO to include focusing on diversity outreach (BIPOC, men, young people) and doctors, professionals and bariatric surgery clinics; other focus areas may include newcomers and social media

The following ideas were presented and discussed:

1. How do you we reach these targeted groups?
2. Are we doing this ourselves or guiding our IGs with these projects
 - a. we are giving resources to IGs but we part of our IGs so we will carry them out on that level as well
3. Region 5 board is available to do workshops
4. The IGs could use the poster parties in a more focused way (explore historically African American colleges, high schools, African American churches, synagogues)
5. Committee members could go to "men, BIPOC, young" meetings and ask how we could reach these groups with our message and gather ideas
6. The posters on oa.org can be accessed as pdf's and printed or sent electronically through zoom meetings
 - a. Are the posters relevant to these groups?
 - b. R5 has funds that can be requested to pay for printing

The group explored the possibility of subgroups to address different topics

The group was reminded that copies of the poster party flyer are in Packet B for review

Smart Goal:

1. Each rep will review the poster party flyer, discuss the idea with their intergroup and gather information about whether they are planning an event. Reps will bring forward

the diversity focus for the poster party and share suggestions with IGs regarding ideas for targeting these groups.

- a. PIPO R5 reps will gather information from meetings about status of plan and needed support and resources
- b. The poster party resource flyer will be made available to each committee member as a pdf to share with their groups

Committee will meet on 4/10/23 7p Eastern zoom to discuss updates and next steps.

Committee will meet on the 2nd Monday 7p Eastern of the month (zoom).

IG-2-IG Subcommittee Mtg

- Current workings of IG-2-IG - came up with 9 areas & sent out a survey
- Goal for today is to make Smart Goals for this subcommittee
- What could come out based on the green post-it's from large group activity
- 2 possible big goals
 - “Build Up Intergroups by increasing the number of intergroups participating in Region 5”
 - Task 1 - Obtain contact information for missing IG's (Barb will acquire contact info)
 - Task 2 - Identify IG's that are strong and willing to mentor smaller and/or struggling IG's
 - Task 3 - Develop regular and ongoing “Chat with Chairs”
 - Taks 4 - Identify IG with experience to share
 - “Develop and communicate digital best practices”
 - Task 1 - Identify IG with experience to share
 - Task 2 - Encourage to create a generic email for the IG and/or IG board members
 - Task 3 - Create knowledge base about accepting electronic payments
 - Survey categories
 - “Build Up Intergroups by...”
 - Not-for-profit status
 - Liability Insurance
 - Host workshops, conventions, retreats
 - Support sponsorship
 - Encourage newcomers
 - “Develop and communicate digital...”
 - Name/Email of your intergroup
 - Have website?
 - Have phone service?
 - Accept electronic donations
 - Survey areas being sent to PIPO subcommittee
 - Social Media
 - Specifically provide outreach to healthcare professionals

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