

GREATER DAYTON INTERGROUP OF OVEREATERS ANONYMOUS

AGENDA -March 18, 2023

11:00 a.m.

Zoom Meeting

<https://us02web.zoom.us/j/88067795288?pwd=RXNYemdraWRTVVdTRzBUSUN2MzROUT09>

Password: 1212

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1. Opening / Serenity Prayer
2. Reading: Intergroup Purpose / Twelve Traditions / Twelve Concepts
3. Introduction of Attendees
4. Reports
 - a. Chair
 - b. Vice Chair
 - c. Corresponding & Records Secretary
 - d. Webmaster
 - e. Treasurer / Motion to Accept
5. Old Business
 - a. Brochure-Cathy S
 - b. Region 5 Assembly report-Sally
 - c. Ohio Day of Sharing-1st week in August
 - d. Sponsorship Day- 3rd week in August
 - e. Ohio Day of Sharing this year
6. Closing Prayer: OA Promise

Next Meeting May 20, 2023, 11:00 a.m. on Zoom

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

Greater Dayton OA Intergroup Correspondence and Records Secretary Report

03/18/23

Officers

Position	Name	Phone	e-mail	Term Expires
Chairperson	Amanda M.	(386) 299-8703	ms_mandi69@yahoo.com	11/18/23
Vice-Chairperson	Sally L.	(937) 829-7129	slml45@live.com	11/16/24
Recording Secretary	Patsy M.	(937) 776-8949	plmartin937@gmail.com	11/16/24
Correspondence & Records Secretary	John O. (Interim)	(937) 419-1058	jwoneill417@gmail.com	
Treasurer	Susan H.	(419) 953-7012	shicks1031@gmail.com	11/18/23

Intergroup Reps

Meeting No.	Meeting Location	Date, Time	Intergroup Rep.
21586	Mighty Fortress Lutheran Church	Sunday, 6:30	
40685	Rockford Chapel	Monday, 11:00	George C.
57423	First Place Recovery	Monday, 6:30	
	Wilmington-Stroop Library	Monday, 7:00	Kim C.
28041	Bluffton	Tuesday, 9:00	
37437	Fairmont Presbyterian Church	Tuesday, 12:00	
57174	Grand Lake United Methodist Church	Tuesday, 7:30	
29265	228 Club	Thursday, 6:00	
41169	Fairmont Presbyterian Church	Friday, 12:00	
56613	St Charles Catholic Church	Friday, 7:00	Pam R.
32588	Mighty Fortress Lutheran Church	Saturday, 9:00	Cathy S. & Debbie N.

Greater Dayton OA Intergroup Technology Report

03/18/23

Sanctuary:

	Subscribers	Percent Open	OA Lifeline	Podcast	Calendar Event
Mar.	57	55.4%	3	1	1
Feb.	58	54.4%	4	-	2
Jan.	58	56.9%	4	-	2
Dec.	58	55.2%	0	2	0
Nov.	58	51.7%	1	2	1
Oct.	58	53.4%	1	1	1
Sept.	58	58.6%	3	2	1
Aug.	58	56.9%	2	1	1
July	59	61.0%	2	1	1
June	59	59.3%	2	1	0
May	59	52.5%	2	2	2
Apr.	59	57.6%	1	1	1
Mar.	59	59.3%	2	3	1

Facebook:

We now have 47 Facebook followers. This is up from 31 a year ago. Our followers now include other groups, such as Overeaters Anonymous of Central Indiana, Overeaters Anonymous of San Diego, and Region 1 Overeaters Anonymous.

Zoom:

OA Virtual Region is hosting two security forums to discuss how to protect and secure our meetings, best practices, and applications of the Traditions. Both are Sunday, March 19 (one at 11:00 am and one at 4:00 pm). To register, you must do so by 1:00 pm today. Register at this [link](#).

Meetings

We need to make sure our meeting information is up to date. Please let me know of any changes.

Website

I've added the following disclaimer to the website:

Members of Overeaters Anonymous are encouraged to share their experience, strength, and hope. The opinions expressed on this website are not intended to endorse any particular food plan, health plan, or spiritual plan. Each individual member will need to decide what works best for him or her.

John O.
Webmaster

Greater Dayton Intergroup OA TREASURER'S Report

Statements 1/1/2023-2/28/2023

	EXPENSES	INCOME	
BEGINNING BALANCE- 1/1/2023			\$5499.95
Mighty Fortress Sunday Night Meeting		+55.00	= 5554.95
ENDING BALANCE- 2/28/2023			\$5554.95

Greater Dayton Intergroup of Overeaters Anonymous

P.O. Box 244, St. Mary's, OH 45885-0244 www.oadayton.org

Regular Meeting

March 18, 2023 by Zoom 11:00 am



In attendance: Vice Chairperson Sally L, Treasurer Susan H, Recording Secretary, Patsy M, Interim Correspondence and Records Secretary and Webmaster John O. Also, in attendance, Cathy S., (Mighty Fortress Rep)

Sally opened the meeting with the serenity prayer. She also read the Intergroup Purpose. Susan read the twelve traditions. Cathy read the twelve concepts.

Introductions

Chairperson's Report.- No report

Vice Chairperson's Report – Sally will give report under old business.

Interim Correspondence & Records Secretary-

- John listed officers and the intergroup reps. He reminded us that if you're an officer you can't be a meeting rep.
- John asked if we should list contact for each meeting. We thought it was a good idea.
- John asked if he should list committee chairs or just committees. We thought committees since we may not know who they are or if they're still with us. John will work on it.

Webmaster

- John provided the list of how many people opened the newsletter as well as podcasts, Lifeline, and calendar events.
- He said not many open the podcasts or Lifeline. He's wondering if it's worth it.
- We now have 47 followers on Facebook up from 31 last year.
- John stated we are getting followers from other OA groups.
- OA virtual region was offering two security forums but needed to be registered by 1:00 pm today
- John put a disclaimer at the bottom of the website. This came about from discussions about liability insurance and could we get sued for something we may have put on the website.

Treasurer's Report

- Susan gave the treasurer's report of \$5554.95. Susan is making a request for reimbursement for \$266.56 for the expenses she paid which was for the hotel. Sally should be reimbursed for \$189 for food, travel and registration. This is for Region5 assembly.
- Susan recommends we send \$1599.39 to be split between Region5 and World Service.
- Cathy made a motion to approve treasurer's report Patsy seconded. The motion carried.

Old Business

- Ohio Day of Sharing -Sally reported that GDIG is responsible for refreshments for 2023. Sally asked about the reimbursement from last year and the group said we were paid that day. Susan wants to know who they gave it to.
- Sponsorship Day – 3rd week of August.
- Brochure-Cathy said she is about half finished and will hopefully get out to folks this week.
- Region 5 Assembly- Sally did a Power Point presentation and will send out after the meeting. The following are some of the highlights:

- She said that World Service and Region 5 are flushed with cash and it is just sitting around. It was meant to be used for conventions.
- The group discussed a lot about Tradition 7 and ways to collect donations for hybrid or all online meetings. Not sure what World Service's opinion is on online payment.
- World Service this year is in Albuquerque, New Mexico, April 25-29.
- No longer going to print Lifeline.

With no further business the meeting was closed with the OA Promise.

Next meeting is May 20, 2023 11:00 on Zoom

Respectfully Submitted,

Patsy M

Greater Dayton Intergroup Overeaters

Anonymous

www.oadayton.org

plmartin937@gmail.com

GDIG

<https://us02web.zoom.us/j/88067795288?pwd=RX>

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(929) 205-6099

Meeting ID: 880 6779 5288

Passcode: 1212

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