

OVEREATERS ANONYMOUS

REGION 5 SECRETARY

July 7, 2023

RE: Region 5 2023 Summer Online Conference Saturday July 15th, 2023 – 8:00 AM Central Time, 9:00 AM Eastern Time

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The conference will be held online using Zoom Cloud Conferencing on July 15th, beginning at 8:00 AM Central Time, 9:00 AM Eastern Time, and is **open to all Region 5 OA members.** The Zoom room will open at 7:30 AM Central Time, 8:30AM Eastern Time.

Instructions on how to connect will be emailed to you a day before the Assembly. If you have not received the connection document by July 15th, please email me. Please check your junk folder also before emailing me.

This letter is part of the 2023 Summer Online Conference Packet. This is the only Packet that will be provided for this event. It contains Reports for the upcoming Zoom sessions. There will be one more packet released after the Conference containing the Meeting Minutes and other supporting documents.

Region 5 Summer Conference Documents:

- A01_R5 Secretary Letter Summer Conference 07_23
- A02 R5 Agenda Summer Conference 07 23
- A03_R5 Spring Assembly Minutes 03_23
- A04 R5 Summer Conference Credentials 07 23
- A05_R5 Chair Report Summer Conference 07_23
- A06_R5 Vice Chair OA WSBC Report 07_23
- A07_R5 Treasurer Report Summer Conference 07_23
- A08_R5 Trustee Liaison Report Summer Conference 07_23
- A09_R5 Media Committee Report Summer Conference 07_23
- A10_R5 Bylaws Committee Report Summer Conference 07_23
- A11_R5 Convention Committee Report Summer Conference 07_23
- A12_R5 PIPO Sub-Committee Report Summer Conference 07_23
- A13 R5 IG2IG Sub-Committee Report Summer Conference 07 23
- A14_Summary Financials April to June_2023
- A15 World Service Business Conference Wrap-Up-Report 2023
- A16_Application for Region 5 Officer
- A17_Region 5 Policies and Procedures_UPDATED 3_23
- A18_Region 5 Bylaws_UPDATED 3_23
- A19_Region 5 Funding Assistance Form-2022

- A20_Standing Rules for Region 5 Virtual Assembly 2021-11-02
- A21_Region 5 Assembly Handbook
- A22_Region 5 Updated Convention Guidelines_2022
- A23_A2023ConventionFlyerRegistration
- Packet A Combined Print Document

Region 5 Officer Elections

At the 2023 Fall Assembly, we will be holding an election for the R5 Secretary and R5 Vice-Chair. There is an Officer Application form in Packet A, PLEASE APPLY! If you want to run for these service positions, please fill out the application and send it to me, no later than September 29th, 2023. Please do not forget to sign the document before sending it to me. If you scan the document, you can also send me the application by email. However, it is not actually received until I have the signed paper copy of the Application.

Thank you.

Keri E.

Region 5 Secretary R5Secretary@outlook.com