



OVEREATERS ANONYMOUS REGION 5 CHAIR

Good Morning all,

I can't believe that it is almost summer already! About the call on July 15th, since this is just to see where we need help to get things rolling, I am asking **ALL** committee chairs to meet with your groups **BEFORE** July 15th. I am working to end the meeting after 2 hours, not 4 hours. I have made the decision that unless something critical has come up, there will be **NO** extra committee meetings. The summer conference call is to see who needs help with their committees.

I have been meeting with the region chairs and we are all having issues with finding people to fill positions, We found out that Region 4 is folding after their fall assembly in 2024. This makes me so sad! If we are folding regions because people aren't signing up for service, could we be next? We struggle to find people to serve at the IG levels, region and world service. There was a time when there were 2-3 people wanting to do these service positions, now it feels like begging people to step up. Does your IG send the maximum people allowed? Why not? What can **YOUR** region do to help your groups?

Please look over the requirements for the 2 positions for the fall assembly, Vice-chair and secretary. Look in the policy and procedures for what the people in these positions do. Next year Linda and I are leaving the board, please consider doing one of these positions. Feel free to contact the person in that job now and ask questions.

Lastly, the DCC position is still open, call Keri, look in P & P for description of the position, if you are interested. I said for many years that would ever be qualified to be on the board, look at me now! We all need each other, to help each other, if

I could do this by myself, I would. I would isolate, eat and eat. I need you all in my life and recovery. Hugs to all, Eileen