



## July 2023 Region 5 Trustee Liaison Report

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### **WSBC 2023 Update**

Here is the link to the decisions that were made at WSBC 2023

<https://oa.org/news/wrap-up-report-world-service-business-conference-2023/>

### **Safeguard Your Virtual Meetings with Our New Suggestions**

New Document on oa.org

Videoconference Meeting Training and Security/Preventive Measures

<https://oa.org/news/new-videoconference-meeting-training-and-security-preventive-measures/>

### **OA's Professional Exhibits Fund**

#### **Is Your Intergroup Considering a Professional Exhibit?**

New Rolling Deadline

Attention all professional outreach committees: OA has a new rolling deadline for Professional Exhibits Fund applications, which is the 10th of every month. Applications received by this deadline will be reviewed on the 15th of the same month.

The Professional Exhibits Fund has money available to help your service body participate in a trade conference or a convention for professionals who may refer patients and clients to OA. Take a look at the application to see what expenses OA can help cover. Find the application in the Document Library at oa.org under the category "Public Information."

### **"For Professionals" Document**

This is a link to OA's document for professionals: "The Courier"

<https://oa.org/news/professional-community-courier-issue-two-available-for-outreach/>

### **Make sure your Intergroup's meetings are up to date link:**

Find your Intergroup's List of meetings here: <https://oa.org/find-a-meeting/?type=3>

## **Updated: Lifeline Meeting Format**

In keeping with the recent revival of our Lifeline content via the brand-new blog, <https://lifeline.oa.org/>, the Suggested Lifeline Meeting Format has been revised and posted in the Document Library on oa.org under the category "Meeting Formats." <https://oa.org/document-library/>

## **We need your story on Lifeline**

Here is the link to submit your story!

<https://form.jotform.com/220035565825050>

Groups looking to include new perspectives and insights on compulsive eating can use this meeting format as a guided way to discover the wealth of Lifeline articles and shares available to our Fellowship. Back issues of our print Lifeline are available at [bookstore.oa.org](http://bookstore.oa.org), and new testimonials can be found on [lifeline.oa.org](http://lifeline.oa.org). Download the Suggested Life-line Meeting Format for your group today!

OA Blog link: <https://lifeline.oa.org/>

New podcasts on Lifeline – OA's Professional Opinions :

<https://lifeline.oa.org/tag/appendices-to-overeaters-anonymous-third-edition/>

## **Region 5 Liaison Activities**

- Continue Intergroup Renewal
  - 2023 – Another Intergroup had their F2F workshop on their renewal plan. We had a great workshop building community and more commitment to our own recovery!
  - We just scheduled another renewal! So much recovery in Region 5!
- IG2IG Committee work
  - Contact Intergroups who we have not seen for a while at Assembly
  - Continue to help update meeting lists
- Region 5 Bylaws Committee
- Answering emails from Region 5 members
- World Service Activities
  - Second Vice Chair of the Executive Committee
  - Chair of the Board Reference Manual
    - A guide for what we need to do as Trustees
    - Updating as motions come forward
  - Chair of the IIC [Internal Information Committee]
    - Oversees the Lifeline Blog
    - Reviews any Internal Information as requested
  - Member of the Website Review for oa.org
  - Temporary co-chair for the Young People's Committee
- Attendance at Executive Committee as well as BOT Meetings