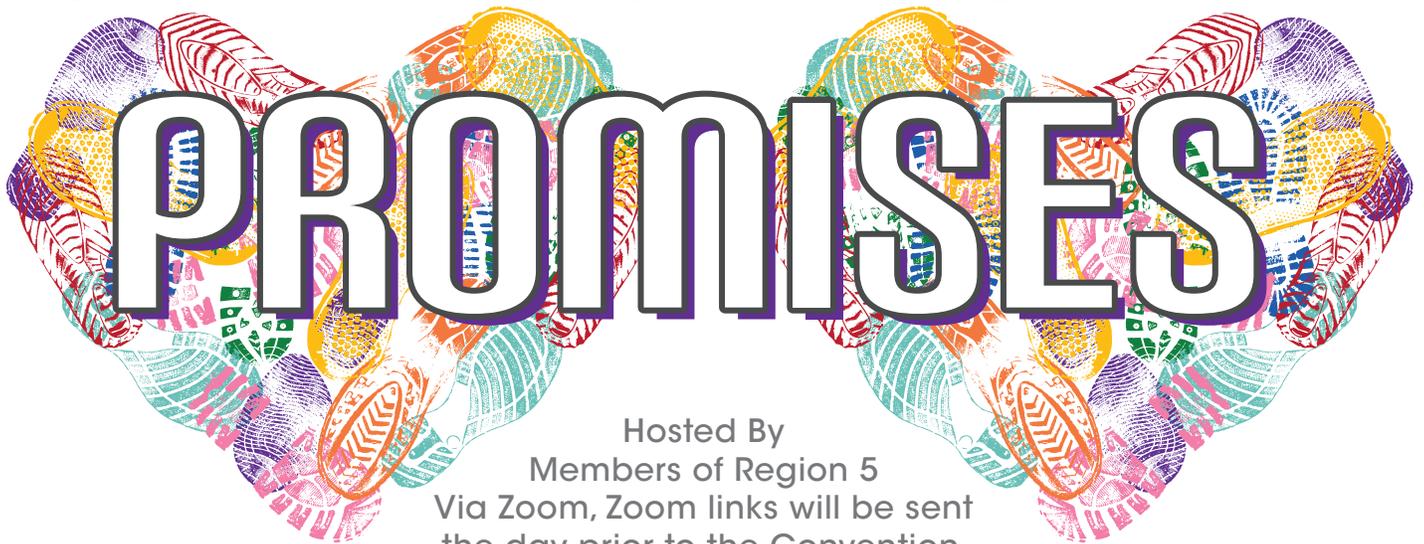


Region 5 2023 Virtual Convention

Saturday, September 9th, 2023

One Day Virtual Convention – 8 AM to 4 PM CT/9 AM to 5 PM ET

STEPPING INTO THE



Hosted By
Members of Region 5
Via Zoom, Zoom links will be sent
the day prior to the Convention.

**The Convention will feature Guest Speakers focusing
on the OA Promises within each of the 12 Steps.**

Pitches from attendees.

Newcomers session.

Recovery from relapse session.

Click [HERE](#) to register online.

Online registration open through **September 8, 2023.**

Click [HERE](#) to download mail-in registration (due on or before **August 26th, 2023).**

All mail-in registrations and checks should be sent to:

Region 5 Overeaters Anonymous

P.O. Box 221224

Shaker Heights, Ohio 44122

Attn: Convention Registration

Donations for the event are welcome.

The Convention is the main annual

fundraiser for Region 5. Everyone is

invited, regardless of ability to pay.

Please join us!

**Contact Convention Chair Mary Ann M. at
maryannpm2468@gmail.com for more information.**