



# OVEREATERS ANONYMOUS REGION 5 SECRETARY'S LETTER

September 14, 2023

**RE: Region 5 2023 Fall Assembly**

Friday, October 27 through Sunday, October 29, 2023.

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The Assembly will be held **in-person only** at the Hilton Garden Inn in Edinburgh, Indiana (the same location as our 2023 Spring Assembly). Beginning on Friday, October 27 through Sunday, October 29, 2023 and is **open to all Region 5 OA members**.

You can register for the 2023 Fall Assembly at this link: [REGISTER HERE](#)

There is more information about the Hotel in the A03 document, Packet A Page 9 (page nos. at top) and linked in the email notice.

This letter is part of the 2023 Fall Assembly **Packet A**. There will be one more Packet released before the Assembly (**Packet B** – Containing Officer and Committee Reports and other important Region 5 business information) and one Packet released after the Assembly (**Packet C** – containing the Assembly Meeting Minutes and other supporting documents).

## Region 5 2023 Fall Assembly Packet A Documents:

- **A01\_Region 5 2023 Fall Assembly Secretary Letter**
- **A02\_Region 5 2023 Fall Assembly Agenda**
- **A03\_Region 5 2023 Fall Assembly Hotel Information**
- **A04\_Region 5 2023 Spring Assembly Minutes Actual**
- **A05\_Region 5 2023 Summer Conference Minutes**
- **A06\_Region 5 2023 Fall Assembly Amendments and Motions**
- **A07\_Region 5 Bylaws\_UPDATED 3\_23**
- **A08\_Region 5 Policies and Procedures\_UPDATED 3\_23**
- **A09\_Region 5 Stand Rules**
- **A10\_Region 5 Assembly Info**
- **A11\_Region 5 Assembly Handbook**
- **A12\_Region 5 Funding Assistance Form-2022**
- **A13\_Keri E Secretary Application**
- **A14\_Kevin F Vice Chair Application**
- **A15\_R5 Bylaws Amendment Form**
- **A16\_R5 Policy Amendment Form**
- **A17\_R5 New Business Form**
- **A18\_Region 5 Business Committee Form**
- **A19\_Region 5 Committee Contact Form**
- **A20\_Region 5 Updated Convention Guidelines\_2022**
- **A21\_Region 5 2024 Convention Save The Date**
- **A22\_STONESMentalHealthStoriesFlyer8-23**
- **Packet A Combined Print Document**
  - *We recommend reviewing Packet A online*, but waiting to print both Packets until we release Packet B in October (in case updates are needed). And then we **highly** suggest reviewing all the Packet A and Packet B materials before the business of the Assembly starts on Saturday morning.

- Please note that we added Packet page numbering at the **TOP** of the **Combined Print Document PDF pages** (as suggested at the 2022 Fall Assembly) and blank Packet break pages, to assist with finding documents during the sessions. When searching for these new top of page reference page numbers, please ignore any numbering that appears at the bottom of the pages (those numbers are native to the original individual documents). The R5 Chair will read out the packet page numbers during the Assembly and also provide long pauses for attendees to find the correct documents.
- We have also included the option to request Packet printouts, as part of the Fall Assembly online registration.
  - There will be an additional **\$30** charge for R5 supplying the Packet printouts.
  - The deadline for requesting Region 5 Packet printouts will be **October 13th**.
- The Board hopes these measures will help with the Packet documents during the Assembly.

**What is not included in Packet A**

- Reports from Region 5 Committees and Officers of the Board. These will be in **Packet B** and available on the website on Friday, October 13th.

If you have any questions, please don't hesitate to email me.

Thank you.

Keri E.

Region 5 Secretary

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