

Kevin Firme Application for Region 5 Vice Chair

I came into the program in February of 2009, and got abstinent at the beginning of August. I am maintaining a 150 pound weight release. My home group is Michigan City, Indiana Monday night. I was heavy in grade school and slimmed as I grew up in high school. I had no luck with diets and continued to gain weight slowly. I was active and kept my weight down making art. I always thought I was fat and was trying to put myself on a diet. At over 300 pounds I went to a commercial pay and weigh program and lost 70 pounds kept it off for a year and decided to take a little break from the program and go back to my favorite foods. I gained it all back and then some. I couldn't stop eating by myself. I see that as a relapse and now won't leave OA. I found OA at 335 pounds and never left. Keep coming back.

I have been involved in Northwest Indiana Intergroup for a long time. I began as a Region Representative when the meetings were in Merrillville. No one would take the position, so I kept going to Region meetings. I have stepped in to be Chair for more than four years and went to WSBC four times. I have been Treasurer for three years and acting Chair and Secretary. Our Intergroup may be merging with Central Indiana Intergroup, so I will not be doing service.

I would like to be a Region 5 Officer to be of service at the Region level and work with other abstinent people. Service keeps me abstinent. I like going to Region 5 meetings. I keep busy with our store and my art work and will make time for Region obligations.

I have experience with a small Intergroup and giving reports. I have worked with committee members in Region 5 meetings. I have experience with solving problems with our store. I am willing to learn.