

OVEREATERS ANONYMOUS

REGION 5 SECRETARY

October 11, 2023

RE: Region 5 2023 Fall Assembly

Friday, October 27 through Sunday, October 29, 2023.

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The Assembly will be held **in-person only** at the Hilton Garden Inn in Edinburgh, Indiana (the same location as our 2023 Spring Assembly). Beginning on Friday, October 27 through Sunday, October 29, 2023 and is **open to all Region 5 OA members.**

This letter is part of the 2023 Fall Assembly **Packet B**. Packet A was previously released and there will be one additional Packet released after the Assembly (**Packet C** – containing the Assembly Meeting Minutes and other supporting documents).

Region 5 2023 Fall Assembly Packet B Documents:

- B01 Region 5 2023 Fall Assembly Secretary Letter
- B02 Region 5 2023 Fall Assembly Credentials Report
- B03 Region 5 2023 Fall Assembly Chair Report
- B04 Region 5 2023 Fall Assembly Vice-Chair Report
- B05 Region 5 2023 Fall Assembly Trustee Liaison Report
- B06 Region 5 2023 Fall Assembly Treasurer Report
- B07_Region 5 2023 Fall Assembly 2024 Budget proposal
- B08 Region 5 2023 Fall Assembly Management Report as of 9-30-2023
- B09 Region 5 2023 Fall Assembly Consent Agenda
- B10 Region 5 2023 Fall Assembly Bylaws Committee Report
- B11 Region 5 2023 Fall Assembly Convention Committee Report
- B12_Region 5 2023 Fall Assembly Media Committee Report
- B13 Region 5 2023 Fall Assembly Nominating Committee Report
- B14 Region 5 2023 Fall Assembly PIPO Sub-committee Report
- B15 Region 5 2023 Fall Assembly IG2IG Sub-committee Report
- B16_Region 5 2023 Fall Assembly Parliamentarian Moment
- B17_Region 5 2023 Fall Assembly IG Delegate Support Fund 2023
- B18 Region 5 2023 Fall Assembly oa-overall-service-structure

• Packet B Combined Print Document

- We recommended reviewing all the Packet A and Packet B materials before the business of the Assembly starts on Saturday morning.
- Please note that we added Packet page numbering at the TOP of the Combined Print
 Document PDF pages (as suggested at the 2022 Fall Assembly) and blank Packet break pages,

PACKET B PAGE 2

to assist with finding documents during the sessions. When searching for these new top of page reference page numbers, please ignore any numbering that appears at the bottom of the pages (those numbers are native to the original individual documents). The R5 Chair will read out the packet page numbers during the Assembly and also provide long pauses for attendees to find the correct documents.

If you have any questions, please don't hesitate to email me.

Thank you.

Keri E.

Region 5 Secretary R5Secretary@outlook.com Region 5 Credentials Report - Fall 2023

Registered Intergroups: 24 Registered Groups: 409 Unaffiliated Groups: 26 Total Groups: 435 Eligible # of Region 5 Reps: 53 Virtual Meetings in R5: 104

				Eligible			
St/Prov	Intergroup Name	<u>Number</u>	Groups	Reps	Sat A.M.	Sat PM	Sun AM
IL	Suburban North	9118			Sat A.W.	<u>Sat Fivi</u>	<u>Sull Aivi</u>
IL	Chicago West Intergroup Farout	9118	27 18	3 2			
IL	Turning Point	9467	18	2			
IL	Central Illinois	9482	6	1			
IL	Chicago Suburban Southwest	9539	21	3			
<u> </u>	Forest City	9625	2	1			
	. e.eet e.i.j	Illinois	92	12	0	0	0
		11111013	<u> </u>		l i	-	
IN	Central Indiana	9096	27	3			
IN	Northwest Indiana	9291	8	1			
IN	Kiss Intergroup	9311	4	1			
IN	Let Go Let God (LG2)	9642	<u>.</u> 5	1			
	` '	Indiana	44	6	0	0	0
			<u></u>	l - l			
KY	Louisville Metro	9022	23	3			
		Kentucky	23	3	0	0	0
		rteritarity					
MI	Greater Detroit Intergroup	9026	37	4			
MI	Southwest Michigan	9141	5	1			
MI	Western Michigan	9208	13	2			
MI	Greater Ann Arbor Area	9251	26	3			
			-				
		Michigan	<u>81</u>	<u>10</u>	0	0	0
OH	Greater Cincinnati	9040	17	2			
OH	Cleveland Central	9041	41	5			
ОН	Greater Canton Area	9122	4	1			
OH	Central Ohio Service	9134	18	2			
OH	Greater Dayton	9175	11	2			
ОН	Crossroads of Hope	9274	7	1			
		Ohio	<u>98</u>	<u>13</u>	0	0	0
10/1		00.50					
WI	Milwaukee Area	9053	39	5			
WI	Rock River	9073	9	1	_		
WI	Madison Area	9161	23	3	0	0	0
		Wisconsin	<u>71</u>	9	<u> </u>	U	U
	Voting Dana Dana sat		400				
	Voting Reps Present		409	53	0	0	0
	Voting Officers Present Eligible Voters Present			4	0	0	0
	Lingible voters Fresent					U	U
	Non-voting alternates, guests						
	Non-voting alternates, guests Parliamentarian			\vdash			
	Region Trustee	-		\vdash			
	Total Attendance				0	0	0
	1 otal Attornation				-	U	0



Chair's Report Fall Assembly 2023

Hi Family,

Does anyone know why we can't get folks to do service? How to resolve it? It's not just us, the other regions are experiencing the same thing. What are we doing different from other regions that makes them work? These are some of the questions that ALL the regions are asking.

I am grateful for the other region chairs, hearing ideas, seeing how they are doing things differently. Does your intergroup have money put aside for outreach? Thought about a billboard? Is your IG ready to get newcomers? The virtual IG is doing skits for outreach.

I have so many questions about how to help people in and out of the program. Region 4 is folding next year. How can we keep our region alive? Our numbers for region Assembly are getting smaller and smaller, are you doing service above the group level?

I love this program; I want it to survive. What would you do if your IG fails, no one going to in person meetings. No service, no OA? Please be sure that your group has someone to attend intergroup, region and World Service, it's important! If you are interested in being a rep and your IG doesn't have the money, Region 5 has money to send people to region and world service business conference. MUST apply soon.

I am working with other chairs and trustees to see what we can do to get everyone excited about oa as a whole.

See you in Edinburg in 2 weeks, Spring assembly will be in Cleveland. Hugs, Eileen

Region 5 Vice Chair Report October 2023

I am blessed to have been serving as your Region5 Vice Chair to the best of my ability these past several years. It is time for me to "pass it on." It has been an exciting ride for me to have been able to function in this capacity and I will truly miss being at assemblies. It is time to pass the baton to the next lucky person who follows. Being a part of the whole has been enlightening and exciting. The Region 5 Convention "September 9th 2023 "Stepping into the Promises" hosted via Zoom by several regions was awesome. Every year, all I can say is that it was the best. To view and be a part of it struck me. All the work that went into it and how smoothly it ran. The only thing I can come up with is what we say in OA. "Together we can do what we cannot do alone" Without all of you these events would not be possible. This assembly we will be passing the "baton" to Cleveland Central. It will be our first face to face since coved began. Remember your service is needed to continue the work of carrying the message to those still suffering within and out of the rooms. All volunteers are welcome.

I want to thank Kevin F. from NW Indiana Intergroup and Kathy C. from Louisville Metro Intergroup for hosting this October Assembly and manning the registration desk and the Friday and Saturday nite OA meetings.

Thank you all.

Deanna B.



October 2023 Region 5 Trustee Liaison Report

The OA Board of Trustees is pleased to announce that Dan Sandweiss of Albuquerque, New Mexico, has been hired as the new **managing Director** of the OA World Service Office [WSO]. Dan brings a wealth of executive-level experience, a passion for mission-driven nonprofits and a personal connection to our program as "friends and family" of the OA member.

As we welcome Dan, we are grateful to continue relying on outgoing Managing Director, Sarah Armstrong, who will retire this October. Sarah started her 24-year career at the WSO in 1999. For 16 years, she managed our Accounting Department, and it is no exaggeration to say that she has reconcile more than a million transactions in support of OA's Seventh Tradition – truly remarkable! Sarah, we thank you and with you a very happy retirement.

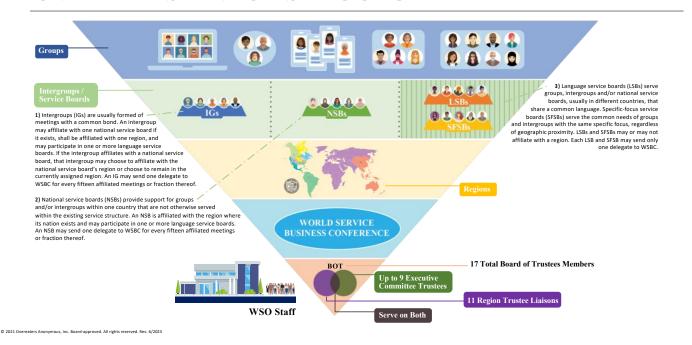


Region 4 to Disband by September 2024

After careful thought, review and discussion, the group conscience of the Region 4 board is to disband and dissolve its nonprofit corporation by September 2024. The decision was based on a persistent and critical drop in service to intergroups and the region board. Since 2012 the region's intergroup count has dropped for sixteen to thirteen, and many service positions, including chairs of boards and committees throughout the region have gone unfilled. In May 2023, the region found itself without a chair and a vice chair as well as anyone qualified who was willing to volunteer. This has been a tough decision for Region 4. We, in Region 5, stand behind them and are there to support them in any way we can.

Last weekend Eileen and I went to Region 4's assembly to talk about what we do in Region 5 – each Intergroup is making the decision as to where their meetings will affiliate. It was an uplifting meeting of support and kindness see all of the regions who surround Region 4 attend and spoke of opportunities in their region. We are going to be welcoming a few new states and Intergroups within the next year. We need to keep in mind how we will welcome these new Intergroups with, as always with Region 5, love and kindness. How can we help them? How can they help us? As always, more will be revealed.

OVERALL SERVICE STRUCTURE



Video Explains OA's Service Structure https://vimeo.com/844638247

OA's Professional Exhibits Fund

Is Your Intergroup Considering a Professional Exhibit?

New Rolling Deadline

Attention all professional outreach committees: OA has a new rolling deadline for Professional Exhibits Fund applications, which is the 10th of every month. Applications received by this deadline will be reviewed on the 15th of the same month.

The Professional Exhibits Fund has money available to help your service body participate in a trade conference or a convention for professionals who may refer patients and clients to OA. Take a look at the application to see what expenses OA can help cover. https://oa.org/news/apply-for-professional-exhibits-funds/?news-category=0

"For Professionals" Document

This is a link to OA's document for professionals: "The Courier" https://oa.org/news/professional-community-courier-issue-two-available-for-outreach/

Make sure your Intergroup's meetings are up to date link:

Find your Intergroup's List of meetings here: https://oa.org/find-a-meeting/?type=3

Updated: Lifeline Meeting Format

In keeping with the recent revival of our Lifeline content via the brand-new blog, https://lifeline.oa.org/, the Suggested Lifeline Meeting Format has been revised and posted in the Document Library on oa.org under the category "Meeting Formats." https://oa.org/document-library/

We need your story on Lifeline

Lifeline has a need for stories of your recovery and abstinence. Our Abstinence book is being revised and this book is a collection of stories on abstinence. Please share your recovery!

https://form.jotform.com/220035565825050

OA Blog link: https://lifeline.oa.org/

Podcasts on Lifeline – OA's Professional Opinions : https://lifeline.oa.org/tag/appendices-to-overeaters-anonymous-third-edition/

Update Your Bylaws

I have downloaded each Intergroup's Bylaws and the date they were updated. I will give these to each representative on Saturday.

Region 5 Liaison Activities

- Continue Intergroup Renewal
 - 2023 With many groups work on their renewal project, we have another Intergroup that is interested in the process. If you are interested, please email me a r5Trustee@oa.org
- IG2IG Committee work
 - o Contact Intergroups who we have not seen for a while at Assembly
 - Continue to help update meeting lists
- Region 5 Bylaws Committee
- Answering emails from Region 5 members
- World Service Activities
 - Second Vice Chair of the Executive Committee
 - Chair of the Board Reference Manual
 - A guide for what we need to do as Trustees

- Updating as motions come forward
- o Chair of the IIC [Internal Information Committee]
 - Oversees the Lifeline Blog
 - Reviews any Internal Information as requested
- o Member of the Website Review for oa.org
- Attendance at Executive Committee as well as BOT Meetings

The following are some additional fliers:

WSBC Deadlines

Mental Health and Recovery Stories

Designated Downloader/Translator Flyer



Revised May 11, 2023

Deadline Dates

World Service Business Conference 2024 May 7-11, 2024

July 2023	Delegate Support Fund letter and application posted on OA website	OA Website
August 2023	Final Conference Report available on OA website for delegates and service bodies	OA Website
August 28, 2023 (Monday)	Conference e-Documents #1 available on OA website for delegates and service bodies (includes Conference notification, trustee application form, tentative schedule, motion/amendment template)	OA Website
November 1, 2023 (Wednesday)	Delegate Support Fund Applications due to World Service Office	Received
December 1, 2023 (Friday)	New Business Motions and Bylaw Amendments due to World Service Office	Postmarked
January 5, 2024 (Friday)	Conference e-Documents #2 available on OA website for delegates and service bodies (includes proposed New Business Motions and Bylaw Amendments, Agenda Questionnaire, registration materials)	OA Website
January 8, 2024 (Monday)	Notification to eligible service bodies of need for trustee nominations	OA Website/ Email
February 6, 2024 (Tuesday)	Trustee Nominee Applications due to World Service Office	Received
February 26, 2024 (Monday)	Delegate Registration Forms due to World Service Office	Received
March 7, 2024 (Thursday)	Agenda Questionnaire due to World Service Office Committee reports and committee meeting agendas for Delegate Binder, workshop outlines due to World Service Office	Postmarked Received
March 22, 2024 (Friday)	Conference Mailing #3 available on OA website for delegates (includes trustee nominee applications, Agenda Questionnaire results, manuscripts submitted for Conference Seal of Approval) Reference Subcommittee member names submitted by regions to World Service Office Interpretation Forms due to World Service Office	OA Website Received Received
April 1, 2024 (Monday)	Committee Preference due to World Service Office	Received
April 5, 2024 (Friday)	Committee/workshop room setup requests due to World Service Office New service body registration due to World Service Office (to seat delegate at Conference)	Received Received
April 22, 2024 (Monday)	Copies of scripts/presentation outlines due to World Service Office Hotel Reservations due to hotel (the World Service Office does not make hotel reservations)	Received
May 7, 2024 (Tuesday)	Onsite registration open	Onsite
May 8, 2024 (Wednesday)	Saturday Dinner tickets purchased by noon (OA registration desk)	Received
May 27, 2024 (Monday)	Post Conference letters or notification of trustee vacancy sent to service bodies (if applicable)	OA Website/ Email
June 10, 2024 (Monday)	Committee reports/goals/summaries/rosters due to World Service Office <i>Committee and Workshop Reports</i> due to World Service Office (for inclusion in Final Conference Report)	Received



Call for Stories about Mental Health and Recovery

Overeaters Anonymous is developing a new piece of literature featuring personal stories from OA members in recovery who live with chronic mental health conditions. We are looking for stories that focus on your mental health challenges in relation to your physical, emotional, and spiritual recovery from unhealthy relationships with food and body image.

If any of this is part of your lived experience, please consider sharing your story as a vital service to our OA community!

Questions to get you started:

- What is your experience with balancing your mental health issues and your OA recovery?
- How have the Steps, Traditions, and Tools helped you maintain your recovery while living with a mental health diagnosis?
- What accommodations have you needed to make in order to manage medication side effects, such as weight gain, extreme fatigue, loss of appetite, or memory loss?
- How has the program helped you respond to OA members who don't understand mental illnesses or the need for medication?
- How have you dealt with mental health issues in your role as a sponsor or sponsee?
- How have other OA members supported your recovery in the face of mental health challenges?

Send submissions to info@oa.org by November 30, 2023 with the subject line: "Mental Health & Recovery."

Please note:

- Submissions are assumed intended for publication, are subject to editing, become the property of OA, Inc., and will not be returned.
- All submissions must contain the author's full name and address, but you may request anonymity with publication. Your state, province, or country may also remain anonymous upon request.
- Submissions should be typed and submitted with a signed release form.
- Please keep stories to 800 words or less.
- All languages welcome!



Call for Service

Important new option for Designated Downloaders!

Use your computer skills and language knowledge to help others in Overeaters Anonymous (OA)!

Designated downloaders pass on information from the World Service Office and other OA websites to members who may not have access to a computer. They distribute flyers, event details, announcements, and newly available documents to their fellows in OA.

ALSO: Designated Downloaders fluent in other languages can take their service to the next level and *translate* that same material, creating a much-needed bridge to those who speak languages other than English.

As a Designated Downloader and Translator, you can translate:

- A Step Ahead News (oa.org/news)
- Items in the Document Library at oa.org (meeting formats, letters from the Board of Trustees, and guidelines)
- The Courier
- The World Service Office News Bulletin
- Registration forms
- World Service Business Conference documents
- The OA Literature Catalog
-and more!



Become a **Designated Downloader and Translator** today! Your group needs you!



REGION 5 OVEREATERS ANONYMOUS REGION 5 TREASURER POST OFFICE BOX 221224 SHAKER HTS, OHIO 44122

Treasurer's Report Fall Assembly 2023

Thank you for allowing me to provide service as your Treasurer this year. It has been both rewarding and challenging. Some of the highlights (besides entering your donations and paying bills):

- With the assistance of Gerri M we were able to move our financial software online. We are now using QuickBooks Online to manage our budget. This means we have real-time reporting of our income and expenditures. It reduces the time spent reconciling the bank accounts, as well as easing the job of the Treasurer going forward. Of course, it also means learning the ins and outs of the new software but fortunately there's an online program for that! (isn't there one for everything these days?).
- I've also served as a member of the PI/PO Committee, whose report is in your packet. We have purchased pens that we are making available to all of you to hopefully take back to your Intergroups and use as an outreach tool.
- As an Officer I had the privilege of joining our Trustee in an Intergroup Renewal program in Youngstown. I think we all grew from the experience.
- I contributed an article to our Newsletter on "Where Your Money Goes" to highlight the monies available for Intergroups to support Assembly representatives and World Service Business Conference delegates. The forms for this are in your packets.

Our expenditures are currently under-budget for the year although it is likely that we will come close to our final budget. Significant expenditures included:

- New audio equipment less cords, more flexibility!
- A new computer for the Secretary the old one had too little memory to handle today's software needs.
- Meetings both Region Assembly and World Service Business Conference the increased cost of travel and hotels has significantly increased our Assembly costs and will likely increase costs for next year's Convention.
- Donations to the World Service Organization
- Costs related to our website

We have three major sources of income currently:

- Contributions from groups and individuals
- Convention registrations
- Assembly registration and donations

Both convention and assembly income have been under what we expected. Hopefully our in-person convention will bring in a larger part of our budget in 2024.

Group and individual contributions will likely meet or exceed what we expected.

Our Savings Account still contains over \$43,000 as a prudent reserve. This is close to a full year's projected budget. We will discuss both the budget and the prudent reserve amount at the Finance Committee meeting on Saturday morning. Please feel free to send any questions or comments to me, another Officer, or a finance committee member.

Attachments:

Proposed 2024 Budget Management Report through September 30 with group contributions Delegate Support Fund request; Representative Funding Request

Yours in Service -

Linda P
R5treasurer@outlook.com
Treasurer@region5oa.org

Fall ssembly 2023 2024 Budget to ActualOA Reg 5

# PILLE			2023			2024	Notes
			Budget		Actual	proposed	
	Income						
1	Convention	\$	5,000.00	\$	3,649.63	\$ 20,000.00	Face to face convention
2	Assembly Income	\$	6,000.00	\$	1,869.00	\$ 4,000.00	
3	Contributions	\$	29,000.00	\$	26,749.34	\$ 31,000.00	
4	Savings Interest	\$	8.00	\$	4.27	\$ 6.00	
2	Region 5 Workshops	\$	100.00	\$	-		
9	Lunch Bag Sales			\$	-		
7	Credits/returns			s			
8	Total Income	\$	40,108.00	\$	32,272.24	\$ 55,006.00	
	Expense						
6	Conventions	\$	ı	s	763.85	\$ 20,000.00	contingency for food costs
10	Assemblies	↔	6,000.00	₩	5,490.61	\$ 10,000.00	
11	Region 5 IG Rep Support Fund	\$	4,000.00	\$	-	\$ 2,400.00	
12	Bank Charges			\$	20.00	-	
13	Committee - Bylaws	\$	200.00	\$	•	\$	
14	Committee - Finance	\$	-	\$	-	-	
15	Committee - Media	\$	2,000.00	\$	1	-	
16	Committee - Nominating			\$	1	- \$	
17	Outreach Subcommittee - Professional Outreach/Public Information projects	\$	3,000.00	\$	223.42	\$ 500.00	
, 0	Outreach Subcommittee - IG Outreach	e	000 000	÷	79 800	4 500 00	
0	מווים ויים ויים ויים ויים ויים ויים ויים	9	00.000,1	0	990.07		
19	Equipment/Maintenance	↔	200.00	\$	1,233.55	\$ 500.00	No new equipment anticipated
21	Insurance	\$	1,200.00	\$	1,180.00	\$ 1,200.00	
22	Officer Operating Expenses	\$	3,000.00	\$	1,055.03	\$ 2,000.00	Moved computer/printers to Equipment line
23	Postage	\$	200.00	\$	-	\$ 200.00	
24	Processing Fees	\$	1,000.00	\$	1,008.32	\$ 1,600.00	increasing use for registrations
25	Professional Fees - Accountant	\$	1,500.00	\$	2,425.00	\$ 2,000.00	researching new acct
26	Professional Fees - Corporate statutory agent/incorporation fees	↔	1	↔	ı		

Fall Assembly 2023

Line #		2023			2024	Notes
		Budget	Actual		proposed	
27	Record Storage/Shredding		\$ 940	940.00 \$		
27	Region Chair Committee Expenses	\$ 1,500.00	\$	\$ -	1,000.00	
	Region Chair Committee Travel Assistance					
28	Fund	\$ 1,000.00	↔	\$ '	1,000.00	
29	Web Expense -Virtual Meetings	\$ 500.00	\$ 263	563.68	300.00	Zoom costs
30	Web Expense -Website Security	\$ 1,500.00	\$ 148	148.50 \$	300.00	
31	Web Expense - Webmaster	\$ 5,000.00	\$ 5,250.00	\$ 00.0	9,500.00	
32	Web Expense -software and fees	\$ 1,500.00	36 \$	\$ 66.86	300.00	domain, WordPress
33	Taxes & Filing Fees	\$ 50.00	\$	\$ 00.03	50.00	
34	Chair to WSBC	\$ 2,500.00	\$ 2,535.41	5.41 \$	2,500.00	
35	Region 5 Delegates to WSBC	\$ 4,000.00	\$ 3,024.91	.91	5,000.00	
36	Intergroup Assistance for WSBC	\$ 5,000.00	\$	\$ -	4,000.00	
37	Chair to OA Convention		\$	\$	-	
38	WSO Delegate Support Fund	\$ 1,000.00	\$ 1,000.00	\$ 00.0	1,000.00	
39	WSO General Fund	\$ 8,000.00	\$ 10,000.00	\$ 00.0	15,000.00	
40	WSO Translation Fund	\$ 1,000.00	\$ 1,000.00	\$ 00.0	1,000.00	
41	WSO Prof. Exhibits Fund	\$ 1,000.00	\$ 1,000.00	\$ 00.0		
42	Trustee Candidate Expenses			\$	2,000.00	
43	Total Expense	\$ 56,850.00	\$ 40,009.94	\$ 76.0	83,170.00	
44						
	Difference between income and					
45	expense	\$ (16,742.00)	\$ (7,737.70)	.70) \$	(28,164.00)	
	Current Assets	\$ 75,304.03				

Management Report

Region 5 OA For the period ended September 30, 2023

Prepared on

October 8, 2023

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Statement of Activity

January - September, 2023

	Tota
REVENUE	
2023 Convention Registration	3,649.63
2024 Convention	
2024 Convention Hotel Liason	-304.32
Total 2024 Convention	-304.33
Assembly Income	381.00
7th Tradition	292.0
Luncheons	60.0
Registrations	1,136.0
Total Assembly Income	1,869.00
Contributions	
#13 Illinois	173.36
- Personal Donations	1,702.8
-00417 Normal Wed 515pm	116.6
-01232 Chgo Wash Pk Sat 1015 am	135.5
-04500 Naperville Mon 730 pm	337.0
-04667 Burbank Thu 1000 am	312.1
-04737 Burbank Tue 730 pm	67.4
-07207 Northbrook Sat 1100 am	36.1
-07972 Schaumburg Wed 930 am	67.0
-08909 Aurora Wednesday 930 am	100.0
-09118 Suburban North Intergrou	1,307.0
-09168 CHIWIF Intergroup	675.0
-09467 Turning Point Intergroup	850.0
-09539 CSSI Intergroup	995.0
-11921 Forest Park Sat 900 am	50.0
-13044 Arlington Hgts Sat 230 p	60.0
-14691 Palos Hgts Fri 1000 am	276.0
-15457 Niles Mon 700 pm	47.4
-19803 Crystal Lake Sat 1000 am	25.3
-20655 LaGrange Fri 900 am	36.8
-22469 Highland PK Sun 1000 am	220.0
-30462 Evanston St Fr Sat 930am	10.0
-31397 Tuesday PM	45.4
-32205 Chgo St. Johns Sat 930 a	148.0
-32222 Elmhurst Sat 1015 am	80.0
-33054 Oak Lawn Fri 700 pm	16.9
-33402 Libertyville Sat 800 am	45.5
-34562 Evanston St M Sat 900 am	103.0
-34566 Monkena Mon 1000 am	39.2
-34571 River Grove Mon 730 pm	50.00

Region 5 OA 3/12

	Total
-35752 Darien Tue 530 pm	25.00
-35994 Evanston Fri 730 am	89.70
-36157 Roselle Sat 830 am	58.00
-36275 Chicago Sun 1100 am	33.50
-38938 Burr Ridge Sat 800 am	149.20
-39338 Chgo Masonic Sat 730 am	135.00
-39340 Chgo Thorek Sun 915 am	93.60
-39585 Winfield Sat 900 am	10.00
-40019 Oak Park Sun 700 pm	30.00
-41015 Chi St. Johns Tue 700 pm	14.50
-45986 Oak Forest Wed 730 pm	31.90
-46082 Grayslake Fri 730pm	163.90
-46915 Orland Park Sat 830 am	166.43
-46934 Urbana Thu 530 pm	250.00
-49036 Chicago Swedish Sat 700p	15.03
-49214 Chicago St Ma Mon 600 pm	213.88
-50044 LaGrange Sun 700 pm	32.00
-50754 Chgo Sunlight Mon 700 pm	27.00
-51048 Darien Wed 630	158.60
-51151 Elgin Fri 900 am	43.00
-51233 Oak Park Wed 700 pm	67.10
-52063 Lake Forest Wed 100 pm	75.00
-53345 Chicago Alano Sun 900 am	60.00
-53693 Orland Park Wed 930 am	111.00
-54010 Northbrook Mon 1000 am	22.50
-54164 Evanston Sat 730 am	85.00
-56429 Northbrook Thu 1000 am	31.00
-57330 Crystal Lake Thurs noon	67.30
-57518 Burbank Tues 6;30 Newcom	276.10
-57665 Batavia Thurs 630PM	9.68
-800561 Burbank Zoom 7;30	135.00
-800669 Morton Grove Wed 7PM	355.50
-800676 Zoom Chicago SW	18.00
-89078 Saturday 8 am Virtual	277.50
-89823 Naperville Thursday 730	22.00
-89941 Monday Chi No 7PM Zoom	36.50
800999 Chicago Sunday 11AM Zoom	20.00
Total #13 Illinois	11,538.09
#14 Indiana	
- Personal	67.00
-01026 Indianapolis Thu 1200 pm	30.00
-02327 Elkhart Mon 600 pm	65.28
-09096 Central Indiana IG	418.00
-09145 Three Rivers Intergroup	1,133.15

Region 5 OA 4/12

	Total
-12098 Indianapolis Tue 700 pm	46.06
-14137 Michigan City Mon 700 pm	13.00
-22495 Goshen Sat 1000 am	83.55
-22838 Indianapolis Fri 1200 pm	315.00
-23081 Indianapolis Mon 1200 pm	26.00
-24741 Highland Fri 900 am	60.00
-26994 Indianapolis Sat 830 am	39.56
-36184 Greenwood Sat 1000 am	92.22
-36536 Indianapolis Mon 630 pm	60.00
-37739 Ft. Wayne Sat 900 am	19.00
-40309 Indianapolis Wed 530 pm	92.00
-41218 South Bend Fri 1210pm	50.00
-46764 Michigan City Fri 700 pm	29.80
-52025 Indianapolis Sun 4pm	58.30
-54446 Crown Point Tue 700pm	6.00
-56544 Indianapolis Tue 1200 pm	22.20
-56555 Dyer Thu 700pm	84.00
-56566 Indianapolis Mon 7pm	148.82
-57193 Anderson Sun AM	15.12
-57249 New Horizon Monday 6PM	10.00
-57341 Evansville Wed BB	2.00
-57348 Hebron Sat 11AM	14.22
-800546 Indianapolis Wed 7PM	100.00
-800576 Sat 830AM Eye Opener	47.50
-800712 Sat 10AM Zoom	25.00
-89046 Thursday night zoom	37.00
-89294 Tuesday Body Image	49.50
800787 Friday night zoom	31.29
Total #14 Indiana	3,290.57
#18 Kentucky	
#18-57611 Saturday AM Recovery	40.00
- Personal Donations	50.00
-09022 Louisville Metro IG	525.00
-14771 Ft. Thomas Fri 715 pm	19.10
-14857 Erlanger Wed 1030 am	43.70
-23706 Louisville Thu 630 pm	32.30
-24532 Lakeside Sat 1030 am	15.00
-25760 Lexington Tues 7PM	35.00
-53648 Louisville Thu 6pm	50.00
-57047 Louisville Sun 6PM	120.00
-57702 Louisville TGIF	25.08
-800265 Lexington Sat AM online	106.90
Total #18 Kentucky	1,062.08

Region 5 OA 5/12

	Total
#22 Michigan	
- Personal	50.00
-00069 Portage Sat 1100 am	60.00
-00410 Hudsonville Sat 900 am	50.00
-00549 Rochester Thu 730 pm	30.00
-09026 Greater Detroit IG	179.50
-09208 Western Michigan IG	500.00
-09354 Jackson Sat 930 am	380.16
-11595 Grand Blanc Sat 1000 am	10.00
-19743 St Clair Shr Sat 1000 am	20.00
-22761 Sterling Hgts Thu 100 pm	7.50
-32527 Bloomfield H Wed 1000 am	20.00
-33110 Jackson Sat 930 am	27.00
-35412 Ferndale Fri 1000 am	58.99
-46110 Rochster Sun 700 pm	17.50
-49379 Bay City Thu 700 pm	14.00
-49862 Tecumseh Mon 600 pm	150.00
-49919 GrandvilleThu 1000 am	30.00
-51645 Livonia Wed 800 am	38.00
-53463 Kalamazoo Mon noon	40.00
-54538 Livonia Sat 1000 am	30.00
-54870 Grand Rapids Thu 7PM	35.00
-56081 Portage Thu 700 pm	50.00
-56447 Jackson Monday 6PM	51.55
-57508 Ann Arbor Thurs 6PM BB	84.00
Total #22 Michigan	1,933.20
#35 Ohio	39.20
- 57342 Youngstown Monday 7PM	56.00
- Personal	288.00
-00915 Elyria Mon 730 pm	80.00
-02089 Columbus Thu 930 am	205.50
-02169 Medina Wed 730 pm	80.00
-02612 Parma Heights Mon 930 am	30.00
-04811 Seven Hills Fri 730	142.20
-07447 Lyndhurst Fri 10 am	45.00
-08503 N Olmsted Wed 1000 am	106.98
-09175	799.39
-12766 Cincinnati Sat 1030 am	30.00
-15272 Olmsted Falls Sat 10 am	294.50
-16720 Brunswick Tue 1000 am	20.00
-19937 Bedford Sat 1000 am	20.00
-21586 Kettering Sun 630 pm	107.71
-22079 Westlake Sun 10 am	190.30
-22635 Lakewood Tue 930 am	44.00

Region 5 OA 6/12

	Total
-23004 Westerville Mon 700 pm	113.41
-24484 Toledo Tue 930 am	53.30
-26274 Willowick Sat 1000 am	37.00
-35869 Parma Thu 730 pm	13.98
-40943 Concord Twp Sun 700 pm	60.00
-45952 Youngstown Thu 730 pm	79.50
-46541 Strongville Mon 730 pm	12.70
-47134 Cleveland Thu 645 pm	68.10
-47588 Stow Mon 730 pm	28.00
-49022 Bay Village Tue 730 pm	40.00
-49336 Latonia Thurs 7PM	64.85
-52116 Akron Thu 730 pm	5.00
-53001 Athens Mon 600 pm	34.20
-53969 Westerville Wed 700 pm	31.50
-54299 Athens Saturday 1000 am	75.00
-55669 Toledo Phone mtg	16.67
-56786 Toledo Fri 1100 am	75.50
-56823 Avon Lake Thu 700 pm	20.00
-57174 Montezuma Tue 730 pm	23.50
-57288 Fort Thomas Tuesday 730	49.70
-57352 Warren Monday 10AM	30.00
-57419 Kenwood Sober Eating	83.50
-800061 Elyria Thursday S&T	120.26
-88762 - Reg Sunday Morning C&R	611.85
-88932 Virtual Meeting	60.00
800367	25.00
Total #35 Ohio	4,411.30
#49 Wisconsin	
- Personal Contributions	20.00
-00122 Franklin Mon 645 pm	55.08
-00325 Beloit Thursday 6PM	40.00
-00347 Racine Mon 700 pm	8.80
-00868	25.00
-02346 Green Bay Wed 7 pm	72.00
-03478 West Bend Thu 300 pm	26.50
-03631 New Berlin Wed 930 am	84.68
-04055 West Allis Sat 930 am	43.50
-06854 Benet Lake Fri 1000am	81.50
-09053 Milwaukee Intergroup	237.40
-09161 Madison Area IG	1,000.00
-20992 Wauwatosa Wed 630 am	106.60
-21024 Menomonee Falls Tues 10A	74.70
-22299 Elkhorn Mon 700 pm	10.00
-22626 Madison Thu 1200 pm	10.00

Region 5 OA 7/12

	Total
-30176 Whitefish Bay Mon 700 pm	104.47
-32315 Madison Mon 1200 pm	10.00
-32466 Fox Point Sat 930 am	129.74
-38390 Wauwatosa Sat 730 am	185.54
-39166 Neenah Mon 600 pm	46.20
-39445 Mequon Tue 630 pm	8.00
-40998 Moniowoc Mon 130 pm	25.60
-46721 Delavan Fri 845 am	32.00
-48802 LakeGeneva Wed 700 pm	10.00
-49329 Burlington Sat 830 am	10.00
-49816 Slinger Mon 630 pm	85.00
-50571 Green Bay Tue 6 pm	5.50
-51134 Cambridge Fri 830 am	365.80
-51443 Appleton Thur 630 pm	10.00
-51806 Racine Thu 500 pm	3.60
-53314 Cambridge Mon 830 am	365.80
-54405 Janesville Tuesday 5PM	25.00
-56006 Menomonee Fls Wed 630pm	23.00
-56592 Oconomowoc Tue 1030 am	21.00
-56816 Cambridge Wed 830am	365.80
-57013 Milwaukee Sat AM	77.00
-57238 Kenosha hybrid	4.10
-57396 Waukesha Tues 4PM	5.00
-57585 Grafton Thurs 630 PM	55.20
-88911 Zoom BB Mon 830 AM	53.00
-89909 Zoom Tues 10AM	30.90
-89919 Zoom Sun 630PM	67.00
-89998 Zoom Fri 5PM	22.00
800542 Mequon Tues 630PM	7.50
Total #49 Wisconsin	4,049.51
Other Region Individual	464.59
Total Contributions	26,749.34
Interest Income	4.27
Total Revenue	31,967.92
GROSS PROFIT	31,967.92
EXPENDITURES	
2022 Convention Expenses	353.50
2023 Convention Expenses	109.35
Assemblies	
Copies	330.55
Hotel Liaison - Assembly Exp	550.22
Luncheon	661.10
Meeting Rooms	963.00

Region 5 OA 8/12

Tax

	Tota
New Rep Books	50.00
Officers Assembly Expenses	
Chair Assembly Expense	238.93
Officer Lodging	1,732.66
Officer Meals	488.93
Secretary Assembly Expense	45.52
Treasurer Assembly Expense	225.18
Vice-Chair Assembly Expense	78.10
Total Officers Assembly Expenses	2,809.32
Total Assemblies	5,364.19
Operating Expenses	
Bank charges	20.00
Committees	
Outreach Committee	1,222.09
Total Committees	1,222.09
Equipment Maintenance	1,233.55
Insurance	
Bond Insurance	144.00
Liability Insurance	1,036.00
Total Insurance	1,180.00
Officer Operating Expenses	
Chair Office Expense	17.73
Secretary Office Expense	148.08
Secretary Travel Expense	353.49
Treasurer Office Expense	535.73
Total Officer Operating Expenses	1,055.03
Processing Fees	
Wepay	1,008.32
Total Processing Fees	1,008.32
Professional Fees	
Accountant	2,425.00
Parliamentarian	126.42
Total Professional Fees	2,551.42
Record Storage/Shredding	940.00
Web Expenses	79.00
Virtual Meeting Expenses	563.68
Web Site Security	148.50
Webmaster	4,200.00
Website Hosting & Domain	19.99
	5,011.17

Region 5 OA 9/12

	Total
Non Profit Status	50.00
Total Tax	50.00
Unapplied Cash Bill Payment Expenditure	5,421.94
World Service Organization	
World Service Business Conf	
Chair to WSBC	2,535.41
Region 5 Delegate to WSBC	3,024.91
Total World Service Business Conf	5,560.32
Total World Service Organization	5,560.32
Total Expenditures	31,080.88
NET OPERATING REVENUE	887.04
OTHER EXPENDITURES	
Reconciliation Discrepancies-1	-10.00
Total Other Expenditures	-10.00
NET OTHER REVENUE	10.00
NET REVENUE	\$897.04

Region 5 OA 10/12

A/R Aging Detail

As of September 30, 2023

Date	Transaction Type	Num	Donor	Due Date	Amount	Open Balance
91 or more da	ys past due					
08/31/1999	Journal Entry	WePay Refnd	Condensed Customer	08/31/1999	5.00	5.00
04/30/2000	Journal Entry	WePay Refnd	Condensed Customer	04/30/2000	-5.00	-5.00
Total for 91 or more days past due					\$0.00	\$0.00
TOTAL					\$0.00	\$0.00

Region 5 OA 11/12

Sales by Donor Summary

January - September, 2023

This report contains no data for your specified date range.

Region 5 OA 12/12



REGION 5 2023 FALL ASSEMBLY October 27, 28, and 29 2023

Region 5 2023 Fall Assembly Consent Agenda

The Chair has determined the following motions be placed on the Assembly Consent Agenda: Bylaws motions as of 02/20/23. These are housekeeping motions.

Region 5 Policies and Procedures Amendment P1	2
Region 5 Bylaws Amendment B1	3



Format for Submission of Proposed Region 5 *POLICIES* Amendments

P1

Amendments to the Region 5 Policies (which includes the R5 Policies and Procedures, the R5 Convention Guidelines, and the R5 Standing Rules) may be proposed by any Registered Intergroup of Region 5 or Region 5 Committee and shall be submitted to the Region 5 Chair and the Region 5 Secretary. If the motion is to be sent out with the preassembly packet, please submit it by March 1st or October 1st for the Spring or Fall assembly respectively.

Use this as a guide for filling out the form on the next page.

Date: July 15, 2023

To AMEND:

- I. Duties of the Region 5 Delegate to WSBC
 - 3. Application and Selection Process
 - b. Change the due date

Article number and name, section number and name, paragraph number and name, by (description of the change or statement of action to be taken).

CURRENT WORDING

Article # - I. Duties of the Region 5 Delegate to WSBC

Section # - Application and Selection Process

b. Applications shall be submitted to the Region 5 board 30 days before the fall Region 5 assembly in the year(s) Region 5 is eligible to send delegates.

PROPOSED WORDING

Article # - I. Duties of the Region 5 Delegate to WSBC

Section # - Application and Selection Process

b. Applications shall be submitted to the Region 5 Bboard 30 days before the fall Region 5 assembly by December 1 in the year(s) Region 5 is eligible to send delegates.

SUBMITTED BY:

Region 5 Bylaws Committee

Please also include the following:

Contact Name: Phone #: Email Address:

Pam P.

INTENT:

To bring the Policy and Procedure Manual into alignment with the practice and website.

IMPLEMENTATION:

How would this motion/change be carried out? Update the Policy and Procedures Manual as described.

Cost:

\$ amount (if known). None

RATIONALE:

The Policy and Procedures Manual should reflect current process.

Submit to the Region 5 Chair and the Region 5 Secretary.



Format for Submission of Proposed Region 5 *BYLAWS* Amendments

B1

Date: xx/xx/xxxx

To AMEND:

To amend Bylaws, Article III, Subpart B to eliminate the reference to a specific World Service Article and Sections as those may change when renumbering occurs.

CURRENT WORDING

ARTICLE III - MEMBERSHIP AND VOTING

Section B. Any group as defined by OA, Inc. Bylaws, Subpart B, Article V, Section 1a and Section 2, may be a member group in the organization.

Write out **current** wording.

PROPOSED WORDING

Article III - Membership and Voting

Section B. Any group as defined by OA, Inc. Bylaws, Subpart B, Article V, Section 1a and Section 2, may be a member group in the organization.

SUBMITTED BY:

Region 5 Bylaws Committee

<u>Contact Name:</u> <u>Phone #:</u> <u>Email Address:</u> Pam P. <u>216-5363218</u> pmp301@cox.net

INTENT:

To remove references to specific sections of WSO bylaws

IMPLEMENTATION:

Secretary of Region 5 would make the change and update the bylaws

Cost:

none

RATIONALE: To eliminate Region 5 from changing their bylaws every time World Service changes numbering of articles and sections.

Submit to the Region 5 Chair and the Region 5 Secretary.

The Region 5	Bylaws	Committee	Report
--------------	---------------	-----------	--------

Acting se	<i>cretary:</i> _Pam P	·
Chair:	Pam P.	

Items to note

- Two proposals were developed and submitted for Assembly consideration.
- Had difficulties with attendance at meetings.
- Looking for a new chair of bylaws.

Convention Committee Report

The 2023 Region 5Convention was held Saturday September 9th from 9-4 EDT. The theme of the conference was The Promises in the Steps. The promises in each step were covered in four sessions. There were also two breakout sessions; The Newcomer and Returning Member and The Member in Relapse.. Cleveland Central Inner Group presented a skit focussing on the 2024 Region 5 Convention which will be held in Cleveland. Throughout the conference there were approximately 110 attendees signed in on zoom. Respectively submitted,

Mary Ann M

Media Committee Report

The Media Committee met August 27, Sunday at 7:30 Central Time. We needed a couple more articles from everyone for the Newsletter to be sent to Keri.

Kevin F.

Nominating Committee Report Sep 2023

This year the Nominating Committee was tasked with finding individuals eligible and willing to accept nominations for the following positions on the Region 5 Board:

- Secretary
- Vice-Chair

The following are members of the Nominating Committee:

- Kathy C—Chair
- Cecilia S.
- Lisa O
- Pam L
- Melissa B
- Lynn H
- Deanna B

We received applications by the deadline of Aug 31, 2023 from the following

- Secretary—Keri E
- Vice Chair—Kevin F

Public Information / Professional Outreach Sub-Committee Report

Fall Assembly 2023

Committee members: Melissa (Chair) Pam L. (Secretary) Preston, Lynn H, John P, Wanda C, Ed L, Linda P (Board), Sally L, Christine G

Email list:

pfair@icloud.com; lynnhlly2@sbcglobal.net; jmpolstra@gmail.com; wpcva@msn.com; freeathome2003@yahoo.com; llpmd@aol.com; marde0216@aol.com; slml45@live.com; secondstepper@gmail.com; pkaylee@me.com; mbb.brundage@gmail.com; pf308@icloud.com;

The committee met on 8/14/23, 9/11/23, and 10/9/23.

Outcome of committee meetings:

Summer Conference report focused on the ways various IGs have been working on having literature distribution events and working toward increased focus on reaching diverse groups.

During the last 3 months, the committee focused on two projects related to the goal of sharing information about OA to more diverse groups.

Project 1: PIPO sub-committee compiled a list of ideas that may be available for IGs who are interested in reaching underrepresented groups to include BIPOC, men and younger people. (see attached list)

Project 2: PIPO sub-committee ordered 200 "oa.org" pens that will be distributed to all interested IGs as a PIPO tool to use in both directive and non-directive efforts to reach the still suffering compulsive overeater. They will be available at the Fall Assembly with a recommended number of pens per IG.

Ideas for how IGs may reach more diverse populations to include men, BIPOC and young people

Contact local AA clubs in your areas and request to post OA information

Contact Black churches and request to share/post information about OA

Send links to churches (pastor's) with information and websites

Explore templates of outreach letters that could be sent to churches (New PIPO manual)

Explore Ethnic/Hispanic stores as possible places to share/post information

Explore which diverse populations (BIPOC) are living in your local community

Explore High School counselors and University counselors as point persons to share information with

Send links to websites at college counselors

Explore templates of outreach letters that could be sent to high schools or universities (New PIPO manual)

Ask people of color, men and youth who are current members for ideas of how to reach these groups

Request to post information in gyms

Explore changes to the IG and R5 websites that might reach more diverse populations (messaging and images)

Explore OA.org "public information resource list"

IG2IG SUBCOMMITTEE REPORT 2023 FALL ASSEMBLY

COMMITTEE MEMBERS			
Judy W (Milwaukee Area IG, WI)	Barb K. (R5 Trustee Liasion)		
Yvonne C. (Central Cleveland IG, OH)	Pat K. (Central Indiana IG, IN)		
Kathy C. (Louisville Metro IG, KY)	Barbara H. (Louisville Metro, KY)		
Pam P. (Central Cleveland, OH)	Cecilia S. (Greater Ann Arbor Area, MI) – Committee Chair		
Carolyn H.	togetherwgb@gmail.com		
Mayme (Central IN IG, IN)	Lisa O. (Chicago Suburban SW, IL)		
Kevin F. (NW Indiana IG, IN)	Maryann M. (Cleveland Central IG, OH)		
Deanna B (R5 Vice Chair)	Laura M.(Central Ohio IG, OH)		

Our goals coming out of 2024 Spring Assembly were:

- Build up Intergroups through
 - Increasing attendance at Regional events
 - Hosting Intergroup Renewals
 - Welcoming new IGs from Region 4
- Develop and communicate digital best practices

Build Up Intergroups - Attendance at Regional Events

Our focus was on increasing IG representation at Regional events. Committee members reached out personally to other IG members to encourage attendance at R5 Summer Conference and again for Fall Assembly. The committee developed talking points to assist in listing benefits of attending R5 events. The results of personal contact were effective and warming for both committee members and IG contacts.

Build Up Intergroups - Intergroup Renewal

- One IG is in the midst of the process now
- Five IGs are slated for 2024

Build Up Intergroups - develop a plan to welcome new IGs to our Region.

As Region 4 is closing, we look to add perhaps eight IGs to Region 5 from Missouri (including Kansas City), Iowa, Minnesota, St. Louis, and the remainder of Illinois. We would expect participation to begin in Fall Assembly 2024. Ideas included

- Prepare a welcome packet for each new rep (from R4 and otherwise)
- Update logo
- Develop a video montage of different people welcoming IGs to Region 5.
- Invite people to Cleveland Convention
- Establish one on one personal connection
- Write personal letter to each IG

Digital Best Practices

The committee was not successful in compiling our digital donation best practices for distribution here. A brief paper survey has been developed and is included with this report - please rip it out and make use of it today! We ask that Fall Assembly attendees complete these as best as they are able. Extra copies are available. This survey may later be distributed electronically where necessary.

INTERGROUP TO INTERGROUP REGION 5 SUBCOMMITTEE SURVEY

Can you help us develop a summary of electronic donation best practices? This survey will aid us in gathering information about how our IGs collect digital contributions. We want to hear it all – the good, the bad and the ugly. In this case, knowing where others have stubbed their toe is as useful as hearing the good stuff. If you have experience with two systems, please complete two surveys. Thank you for your help.

NAME	INTERGROUP		
EMAIL	PHONE		
WHAT SERVICE DOES YOUR IG USE TO COLLECT DONATIONS			
WAS IT EASY TO SET UP AND IS IT EASY FOR YOUR TREASURER TO USE NOW?			
HOW MUCH IS THE FEE TO USE THIS SERVICE?			
WHAT ARE THE PROS AND CONS OF THE SYSTEM YOU ARE U	JSING?		

DO YOU FEEL SECURE USING THIS SYSTEM? HAVE YOU EVER BEEN HACKED?			
ANY OTHER THOUGHTS TO SHARE?			
ANY OTHER THOUGHTS TO SHARE?			
WHO COULD WE CONTACT FOR MORE INFORMATION?			

Please return survey to IG2IG, 3 Exeter Rd., Perrysburg OH 43551 or email your scanned survey to cecilia.sinc@gmail.com

Parliamentarian Moment

At our last assembly we had confusion regarding motions made and voting on them. Let's review what happens when voting on a motion.

- 1. A motion is written and submitted to the Bylaws committee for review. If the motion is not in violation of our Bylaws, the committee will accept the motion. It is not the committee's job to agree or disagree with a motion before submitting it. The committee may wordsmith the motion to make things clearer or to specify how the motion will be implemented.
- 2. In cases where the motion is deemed non-controversial or routine housekeeping, the motion may be put on what is called the Consent Agenda. Motions are put on the Consent Agenda to speed up the process. The Consent Agenda is available for review before the Assembly. If there is any motion on the Consent Agenda you want discussed further, you simply need to let the Assembly know when the Consent Agenda is presented to the Assembly. Items removed from the Consent Agenda will have the full procedural vote.
- 3. Motions not on the Consent Agenda are presented to the Assembly Reps to vote on. The first time the motion is presented, there is an opportunity for up to three people to speak in support (Pros) or against (Cons). The Maker of the Motion presents the motion and is considered the first Pro. If the Maker of the motion withdraws the motion at that time, the Chair will ask if there is any objection to withdrawing the motion. If someone objects, then a voice vote can be taken on whether to continue to consider the motion.
- 4. Motions submitted during the assembly are considered Emergency Motions and will only be considered if it would be detrimental to wait until the next Assembly to implement the motion. At this assembly, they will be discussed during New Business on Sunday.
- 5. Now comes the fun part. Suppose a motion is made but you would like the motion modified. That is called an amendment to the motion. Amendments are really at the heart of the process. They are used to perfect the motion before a final vote. During the Questions portion of a motion vote, you can propose an amendment. There are some rules though:
 - a. It must be relevant to the current motion
 - b. The amendment cannot negate the motion
 - c. You must write up your amendment.
 - d. The amendment must be seconded.

Once your amendment is submitted, we stop voting on the original motion. We take up a vote on the amendment. We go through Pros and Cons. There will be only 2 Pros and 2 Cons. The Assembly votes on the amendment. If the amendment passes, the original motion is then amended to reflect the accepted change. The original motion can only be amended twice. If there is a third amendment proposed, the motion is defeated.

Assuming there are not three amendments, the amended motion is then taken to a vote where it will either pass or fail.



DELEGATE SUPPORT FUND APPLICATION

Our intergroup requests assistance from the Region 5 Delegate Support Fund in order to send a delegate to the annual World Service Business Conference in Albuquerque, New Mexico, USA.

Please – Print Legibly Intergroup Name	Intergroup #			
Address	Region #			
City	State/Province			
Country	Postal Code			
Contact Name	Telephone #			
Address	Email Address			
City	State/Province			
Country	Postal Code			
Delegate Name	Delegate Telephone #			
Intergroup Officer Signature/Title	Delegate Email Address			
Has the intergroup ever sent a delegate to WSBC?				
SUPPORT FUND TABLE (IMPOR	· · · · ·			
Delegate's estimated total expenses for WSBC 20xx: (itemize on page 5)	\$			
Less amount contributed by the intergroup:	\$(<u> </u>			
Less amount contributed by other sources: (neighboring intergroups, fundraising, etc.)	\$()			
Amount of money requested from Region 5 Delegate Support Fund:	\$			

 $(NOTE: Intergroup \ \underline{must} \ attach \ the \ latest \ financial \ statement \ in \ order \ for \ the \ application \ to \ be \ considered.$ The form provided on page 6 may be helpful.)



ESTIMATED DELEGATE EXPENSES

Expenses: Lesser of Airfare or Mileage (at current IRS rate)		\$
	Long-term parking	\$
	Transportation to/from hotel (shuttle)	\$
	Hotel Room *	\$
	Food *	\$
	Registration fee (\$119)	\$
	Other (please itemize expenses by attaching a separate sheet)	\$
TOTAL:		\$

FOR REGION 5 BOARD USE ONLY				
Date intergroup last represented at WSBC:				
Date last funded:				
Agenda Questionnaire returned in prior years:	□YES	□NO		
Application: □Approved □Den	nied DWait List			
Reason denied:				
Intergroup / delegate contacted by:				

Completed Application must be received by Region 5 no later than September 30th, 2022
Region 5 Treasurer
P.O. Box 221224
Shaker Hts. Ohio 44122

^{*}Funding is based on the delegate sharing a room with at least one other delegate. If the delegate chooses to room alone, he/she is responsible to pay the difference between the cost of a single room and half of a shared room. Estimated lodging for five nights, double occupancy (including taxes) is \$395 per person. Estimated meals for five days are \$245.

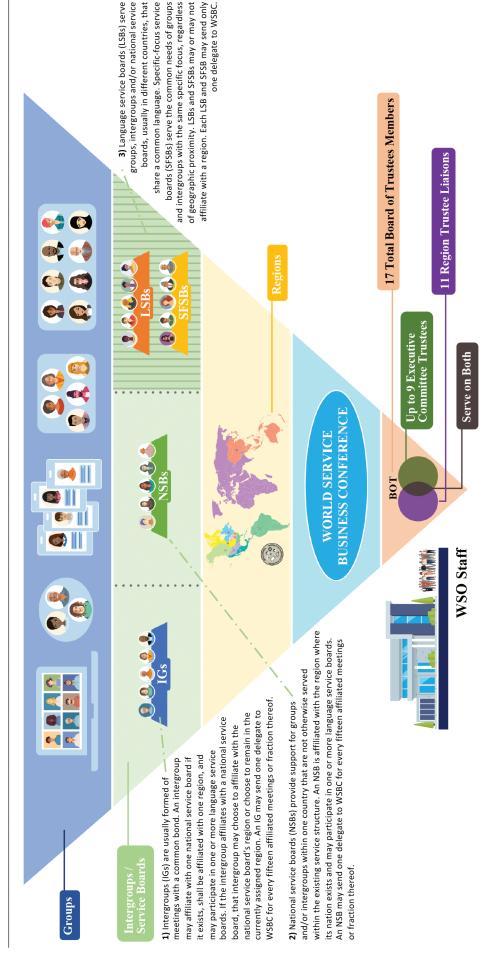


INTERGROUP'S FINANCIAL STATEMENT

A financial statement for the period January 1, 2022 through August 31, 2022 must be included with your application for funds. The format below may be used.

Cash on hand January 1, 2022)22	\$	
Plus:	Income received:	Contributions	\$	
		Fundraisers	\$	
		Sales	\$	-
		Other	\$	-
Less:	Expenses paid:	Rent	\$(_)
		Utilities	\$(_)
		Newsletter	\$(_)
		Travel	\$(_)
		Literature	\$(_)
		Other	\$(_)
Cash on hand August 31, 2022		022	\$	
Minus amount of prudent reserve:		eserve:	\$()
Please list any other outstanding financial commitments:		nding financial commitments:	\$	
			\$	
			\$	
Total available cash on hand August 31, 2022		d August 31, 2022	\$	

OVERALL SERVICE STRUCTURE



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