



OVEREATERS ANONYMOUS REGION 5 SECRETARY'S LETTER

January 24th, 2024

RE: Region 5 2024 Spring Assembly

Friday, March 8th, Saturday, March 9th, and Sunday, March 10th, 2024.

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The Assembly will be held **in-person only** at the Holiday Inn Cleveland South (the same location as our 2024 R5 Convention). Beginning on Friday, March 8th through Sunday, March 10th, 2024 and is **open to all Region 5 OA members**.

You can register online for the 2024 Spring Assembly at this link: [REGISTER HERE](#).

There is more information about the Hotel in the Packet A document A03 and you can make a room reservation here: [Hotel Reservations](#).

This letter is part of the 2024 Spring Assembly **Packet A**. There will be one more Packet released before the Assembly (**Packet B** – Containing Officer and Committee Reports and other important Region 5 business information) and one Packet released after the Assembly (**Packet C** – containing the Assembly Meeting Minutes and other supporting documents).

Region 5 2024 Spring Assembly Packet A Documents:

- **A01_Region 5 2024 Spring Assembly Secretary Letter**
- **A02_Region 5 2024 Spring Assembly Agenda**
- **A03_Region 5 2024 Spring Assembly Hotel Information**
- **A04_Region 5 2023 Fall Assembly Minutes**
- **A05_Region 5 2024 Spring Assembly Amendments and Motions**
- **A06_Region 5 Bylaws_UPDATED 11_23**
- **A07_Region 5 Policies and Procedures_UPDATED 11_23**
- **A08_Region 5 StandingRules_UPDATED 11_23**
- **A09_Region 5 Assembly Info**
- **A10_Region 5 Assembly Handbook**
- **A11_Region 5 Funding Assistance Form-2022**
- **A12_Region 5 Outreach Committee_SMART Goals Form**
- **A13_R5 Bylaws Amendment Form**
- **A14_R5 Policy Amendment Form**
- **A15_R5 New Business Form**
- **A16_Region 5 Business Committee Form**
- **A17_Region 5 Committee Contact Form**
- **A18_Region 5 Updated Convention Guidelines_2022**
- **A19_Convention Registration 2024 Final**

- **Packet A Combined Print Document**
 - *We recommend reviewing Packet A online*, but waiting to print both Packets until we release Packet B in February (in case updates are needed). And then we **highly** suggest reviewing all the Packet A and Packet B materials before the business of the Assembly starts on Saturday morning.
 - Please note that we added Packet page numbering at the **TOP** of the **Combined Print Document PDF pages** and blank Packet break pages, to assist with finding documents during the sessions. When

searching for these new top of page reference page numbers, please ignore any numbering that appears at the bottom of the pages (those numbers are native to the original individual documents). The R5 Chair will read out the packet page numbers during the Assembly and also provide long pauses for attendees to find the correct documents.

- We have also included the option to request Packet printouts, as part of the Fall Assembly online registration.
 - There will be an additional **\$45** charge for R5 supplying the Packet printouts.
 - The deadline for requesting Region 5 Packet printouts will be **February 23rd**.
- The Board hopes these measures will help with the Packet documents during the Assembly.

What is not included in Packet A

- Reports from Region 5 Committees and Officers of the Board. These will be in **Packet B** and available on the website on Friday, February 23rd.

If you have any questions, please don't hesitate to email me.

Thank you.

Keri E.

Region 5 Secretary

R5Secretary@outlook.com