



## **Region 5 – IG2IG –** **Outreach Subcommittee Report** **March, 2024**

Purpose: To Support Intergroups in Region 5 and continue to help the still suffering compulsive overeater

Goals:

- Increase the number of intergroups participating in Region 5
  - Obtain contact information for missing IG's and contact them
- Identify IG's that are strong and willing to mentor smaller and/or struggling IG's
- Develop regular and ongoing "Chat with Chairs"
- Continue to support Intergroup Renewal Project
- Support new Intergroups who are joining Region 5 as well as new representative to Region 5

Actions taken

1. Made decision to not meet monthly but to use email.
2. "Chat with the Chairs" project to be continued by Intergroup Chairs
3. Purchase Region 5 bags for representatives in this bag will be:
  - a. Use existing "R5 Assembly Information for Reps & Visitors" 2
  - b. New welcome letter, assembly info material
  - c. Possibly offer to each a FREE printed copy of Packet A&B with binder when they arrive.
  - d. Include a Region 5 pen, pad of paper 12 concepts OA Group Handbook
4. Support new members by possibly giving them a mentor – discuss with board
5. Intergroups who have not attended Region have been contacted by committee members.
6. To be continued – update Section 5 of Policy manual