



REGION 5 SPRING ASSEMBLY
March 8, 9, and 10, 2024

Business Committee Reports

The Region 5 Bylaws Committee Meeting Minutes

for Saturday, March 9, 2024

Acting Secretary: Susan M

Acting Chair: Barb K

Others members present: Barb K, Gerri M, Carolyn S, Betsy D, Allen B, Susan M

Notes:

Susan agreed to take notes and write the committee minutes and report.

Barb opened the meeting with the Serenity Prayer, read the purpose of the Bylaws Committee, and read the minutes of the last meeting.

Allen agreed to present the committee report and the emergency new business amendment.

Several changes were made to the proposed Amendment to R5 Policy and Procedure Manual Article VII Region 5 Trustee (to be presented to the Assembly as emergency new business), including the following:

- Change “Trustee Liaison” to “Trustee/Trustee Liaison” throughout the amendment.
- Remove “Annual” in Section A.
- Remove Section A Paragraph 3.
- Add to Section A Paragraph 5 that the Vice Chair will determine the hosting intergroup.
- Change Section G Paragraph 3 by striking “Nominating Committee” and inserting “Board”.

We decided we could add an explanation of the distinction between Trustee and Trustee Liaison and how those are determined.

Suggest that there be a Motion voted on in the fall to allow the Board to determine the method and manner in which the Assembly meets.

We recommend that the Board send a Survey Monkey to all Intergroups (including those joining us from R4) regarding under what circumstances they would send Reps to R5. The results need to be processed before and presented to the Summer Conference.

We plan to write a Motion to add a reference to the R5 Funding Assistance Guidelines to the R5 P&P (See Packet A page 98 for the form).

We plan to update the wording of the R5 Funding Assistance Guidelines.

We plan to write Amendments to the Standing Rules for the Fall Assembly to update the wording (eliminate reference to tape recorders) and make recording accommodations with special Board approval for those with special needs.

The Committee discussed the possibility of hybrid Assemblies. This would require hiring a professional, possibly costing about \$10,000. It is also possible that the ability to meet virtually will lessen the number of sleeping rooms reserved, which will increase the cost of the meeting rooms.

We considered where to have Assemblies for the new expanded Region 5—it should be somewhere close to a major airport.

The Region 5 Finance Committee Meeting Minutes

for Saturday, __ March 9 __, 2024 __

Acting secretary: __ Cecilia S _____

Chair: __ Linda P _____

Others members present: _____ Lynn H, Laura M, Beverly B, Preston F, Barbara H. Sally L, Lynn H _

Notes:

Decisions Made:

Will replace the current credit cards that are based off the Treasurer's personal credit line with debit cards

Committee will meet quarterly over Zoom to review the Budget to Actual income and expenditures and handle any issues or questions

One of the Officers who currently are on the account will be asked to log into the account monthly and verify the information on the Bank Statement, particularly the account balance

Actions Taken:

Reviewed and discussed the 2023 financial data and final budget information

Reviewed the most current 2024 budget format and information

Assignments Made:

Linda will send the monthly bank statement and the Quickbooks reconciliation and statement of activity to committee members for them to review. Review involves looking over the deposits and expenditures to verify those on the bank statement or reconciliation match the activities statement (approx 12-16 lines total).

Issues for later:

Determine ways to subsidize IGs who may need extra travel funds in order to come to Assemblies. Current IG representative assistance fund budget is \$3000

The Region 5 Convention Committee Report

For Saturday, March 9, 2024

Business:

Decisions made/Actions Taken:

Received a Chair for Publicity Committee.

First draft of Program approved.

Keri (R5 Secretary) will be printing Convention name tags with QR codes.

We will have a volunteer helper(s) to help members who are not computer savvy to order literature online during convention.

Cleveland Central Intergroup will NOT be selling literature at the convention.

Actions to be taken:

Create a flyer to seek intergroups who want to rent a table to sell OA approved items.

Publicity to draft a “Know Before You Go” mail message to all registered members.

Sheryl to meet with Keri for RegFox training-DONE!

Have the Committee of the Whole vote on a give-away item (bookmark, coaster, magnet, etc).

Need Committee members from MI and IL

Assignments made:

Would love recommendations for Keynote speakers.

Program committee to talk with Greeter Chair about Ambassador Welcome Program.

Issues for Later:

Continue to review rooms, sizes and track placement.

Review if wheelchairs will be available for members and where/how to rent.

Need to develop communication/order form for recording company.

Need Chairperson for Hospitality and Timer Coordinator.

We will have Cash Only in Marketplace.

Yours in service,

Marilyn D.

Cleveland Central Intergroup

Region 5 Media Committee Report

March 9, 2024

The Media committee met on March 9, during the Region 5 Spring Assembly.

Those present were the Chair, Yvonne C, as well as Keri E, Ed L, Christine G, Wanda C and Evelyn S.

Evelyn S. volunteered to take notes. For full disclosure, I, Yvonne am submitting this report from Abilene, TX instead of Parma, OH. I didn't bring the notes Evelyn gave me so this is a summary of the discussion.

The meeting opened with the Serenity prayer. Everyone went around and introduced themselves, stating which intergroup they were from.

We talked about the purpose of the Media committee. We have two goals. The first goal is to encourage intergroups to submit articles to the Region 5 newsletter. These can be submitted from the first page now, as a button to do so has been added, since the last assembly. Articles can be thoughts, poems, reports on a good lead, anything to encourage compulsive overeaters. The second goal is to scan the Region 5 website for breaks in links. We encourage Region 5 to put a button to quickly get to the Newsletter, too, in addition to a quick link button for submitting articles.

We assigned people to scan the links for the next three months. We also discussed that artwork, graphic media, can now be submitted and will be displayed. There is a Step group in the Chicago area doing artwork as a means of recovery. This is the idea of the artwork to be submitted. People would offer artwork depicting their recovery or struggles to recover.

A Zoom meeting on June 4, 2024 was agreed to by the committee. Yvonne will send out a Zoom link.

The main goals of the committee having been discussed, we shared where we are at in our recovery. This took up the remainder of the meeting. We closed with the 3rd step prayer.

We are excited, as a committee, to see people use this tool on the Region 5 website to share our Experience, Strength and Hope! All committee members were charged with writing an article with the remaining time left for committee work. The meeting adjourned.

Thank you for giving a chance to serve Region 5.

Sincerely,

Yvonne Cory