

PIPO Subcommittee Meeting Report

Region 5 Spring Assembly March 7 - 9th, 2025

Acting Secretary: Carolyn S.

Chair: Lynn H.

Other members present: Kevin F., Sally L., Lois S., Amy G., Suzie R.

Goal: We will create a list of resources to include links for OA members to pass on to professional physicians. The goal is to have many resources in one “tab” possibly on Region 5 website which can be easily accessible to members for printing purposes and distribution.

Decisions made: We will utilize the many resources previously created by prior PIPO subcommittee’s. We will focus on selecting resources and pamphlets available on OA.org which specifically targets information for professional physicians and mental health providers.

Assignments made: All members of the subcommittee will complete the following tasks.

1. Read The Professional Courier found in the documents library on OA.org.
2. Read through the PIPO resource list.
3. Share which resources from PIPO list you feel we should include for our “resource list”.
4. Review bookstore pamphlets to the professional found in the OA Bookstore.
5. List possible pamphlets to be included in our “resource” we will build.
6. Research cost and steps to create a QR code.

Next meeting: April 12, 2025 1:00pm - 2:00pm. Lynn H. (Chair) will set up Zoom meeting ID and passcode. Lynn will send this information out to the subcommittee members.

Region 5 Bridging - 12th step within meeting report 3/8/25

Chair: Barbara D.

Acting secretary: Liz Z

Other members present: Thomas M., Diane M., Barb K., Carol Ann M., Allen B., Jeanne H., Betsy D., Evelyn S.

Notes:

Help those that are still suffering:

- Newcomers (not part of WSO definition)
- Returning members
- Those still suffering in the rooms
- Those in relapse
- Outreach to those that can't attend in-person meetings (surgery, nursing home, etc.)

Supporting recovery:

- Reaching out to those that are not in the chairs (noticing they are gone and reaching out)
- Having a designated newcomer greeter to reach out to new people after they attend a meeting

Workshop on meeting retention – Region 2 developed a lot of material with “How To’s” that are available on the WSO website.

Idea: Give meetings support, mentoring, or a list of things to try to keep a meeting going.

From oanewhampshire.org website on their 12th step within section: “Sponsorship is the epitome of 12th step work. If a sponsee relapses, don't stop sponsoring them.”

12th Step Within handbook – revised in 2024

Appendix at the back of the brown book is a great resource for newcomers to identify, especially appendix C.

Decisions made:

- Request to order copies of the 12th step within handbook.
- Look at materials on WSO website, Region 2, etc
- Meet monthly

Actions taken:

Assignments made:

- Everyone – look at resources on WSO and region websites
- Monthly meetings on Monday afternoons at 3:30 Eastern, 2:30 Central
- Barbara D. will ask Keri about Zoom meeting codes for Region 5 Zoom account

Issues for later:

Intergroup to Intergroup Subcommittee Report

Region 5 Spring 2025 Assembly

Present: Susan, Marilyn, Megan, Pam (R5 Chair), Amy A, Kerry.

Susan began the meeting with the Serenity Prayer.

Susan reviewed the previous Everything Intergroup Subcommittee report from packet B.

We reviewed the suggested tasks that were generated in the earlier brainstorming session with all Intergroup reps.

- Pen Pals to Intergroups
- Board check-ins and support to Intergroups
- Speaker List
- List of ways the Board can support the Intergroups

We brainstormed and discussed additional projects.

- Add information to the Best Practices tab on the Region 5 website.
- Make sure Region 5 and World Service have current information for each of our intergroups.
- Implement “Chat with the Chair” virtual sessions with the Region 5 and Intergroup chairs. The Region 5 Chair will initiate this after the Spring Assembly.
- Deploy a Region 5 workshop at the Region 5 Convention in May to support Intergroups. This is already being prepared by committee members.

Summary: We will continue with the following tasks: Building the “Best Practices” tab on the Region 5 website and provide Region 5 (and World Service) with updated Intergroup contact information.

SMART GOAL 1: By Fall Assembly the committee will have two documents uploaded to the Region 5 website.

1. A narrative on what a Service Sponsor is and how a Service Sponsor can help Intergroup Representatives looking to be involved at various levels of service. This will be completed by the Region 5 Chair.

2. A list of resources available to Intergroups on how Region 5 can be of service to Intergroups. This will be completed by Megan and Kerry.

SMART GOAL 2: By late April we will provide the Region 5 Board with updated Intergroup contact information. Susan will communicate with the Region 5 Trustee on this issue.

Respectfully submitted,

Kerry M (acting scribe)