

**FACE
YOUR STUFF**

instead of

**STUFFING
YOUR FACE**

OA Young People's Retreat

building the fellowship we crave

online event

May 3rd-4th, 2025

sign up for details using QR code
or visit oayoungpeople.org/retreat-2025



for young adults who want
to stop eating compulsively
(including -but not limited to-
obesity, anorexia, & bulimia)

