



## **Greetings to Region 5, - Theme – Building Bridges, Connecting and Spreading Hope!**

### **Three Key Takeaways from My Report:**

1. Continue to update your meetings on OA.org.
2. Provide your input on which services from Region 5 are important to you.
3. Prepare for participation at the Fall Assembly.

### **Connecting and Sharing:**

We held our first chat with all of our intergroup chairs, focusing on the theme of connecting. It was a great opportunity for sharing and learning from each other. We have established a chairs group on WhatsApp for continued information sharing and education. A survey is being developed to learn from chairs and delegates about the most important services that Region 5 can provide. Look for this survey in the next couple of weeks. Additionally, we hosted a very successful convention in Milwaukee, which effectively spread the message of hope and recovery.

### **Meeting Statistics:**

For the third quarter, we have 526 affiliated meetings, 25 unaffiliated meetings, and 27 intergroups. In the second quarter, we had 529 affiliated meetings, 29 unaffiliated meetings, and 27 intergroups.

### **Upcoming Events:**

I am preparing for meetings at the World Service Convention with the Trustees. During these meetings, the strategic plan will be jointly developed by the trustees and chairs.

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In Service,

Pam P. Chair, Region 5 Overeaters Anonymous