Louisville Metro OA Intergroup

2025 Retreat

Linking The Traditions to Recovery and Personal Relationships

October 10-12, 2025

The registration form is posted on louisvillemetrooa.org

The Traditions come alive and get personal in this year's retreat. Join us to discover the power of the 12 Traditions in your individual recovery. See how the Traditions apply to the interpersonal relationships in your life-with family, friends, colleagues, community members and more. The power of the Traditions enhances our ability to engage in teamwork toward common goals, to strive for consensus and unity not only with OA fellows, but with everyone we know outside of program as well. Learn how to "practice these principles in all your affairs" by incorporating our 12 Traditions (From Service, Traditions, and Concepts Workshop Manual).

Enjoy fellowship, time to reflect and meditate, optional Night Owl meetings, a talent show, clothing exchange, silent auction, a half pot raffle and the beautiful grounds of Mount Saint Francis.

Retreat location

Mount Saint Francis Center for Spirituality
101 St. Anthony Drive
Mt. St. Francis, IN 47146

Questions? Text:
Barbara H @ 502-821-7634