



## OVEREATERS ANONYMOUS – REGION 5 SECRETARY

September 16th, 2025

**RE: Region 5 2025 Fall Assembly**

October 31 – November 2, 2025.

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The Assembly will be held **in-person only** at the Hilton Garden Inn in Chesterton, Indiana. Beginning on Friday, October 31<sup>st</sup> through Sunday, November 2<sup>nd</sup>, 2025. The Assembly is **open to all Region 5 OA members**.

You can register online for the 2025 Fall Assembly by clicking the blue button at the top, left of our homepage, [www.region5oa.org](http://www.region5oa.org).

Remember that we will be holding elections for the Region 5 Secretary and Vice-Chair positions on Sunday, November 2<sup>nd</sup>.

There is more information about the Hotel in the A03 document in Packet A.

This letter is part of the 2025 Fall Assembly **Packet A**. There will be one more Packet released before the Assembly (**Packet B** – Containing Officer and Committee Reports and other important Region 5 business information) and one Packet released after the Assembly (**Packet C** – containing the Assembly Meeting Minutes and other supporting documents).

### Region 5 2025 Fall Assembly Packet A Documents:

- **A01\_Region 5 2025 Fall Assembly Secretary Letter**
- **A02\_Region 5 2025 Fall Assembly Agenda**
- **A03\_Region 5 2025 Fall Assembly Hotel Information**
- **A04\_Region 5 2025 Spring Assembly Minutes**
- **A05\_ A02\_Region 5 2025 Fall Assembly Amendments and Motions**
- **A06\_Region 5 Bylaws\_UPDATED 11\_8\_24**
- **A07\_Region 5 Policies and Procedures\_UPDATED 03-20-25**
- **A08\_Region 5 Standing Rules\_UPDATED 03-20-25**
- **A09\_Region 5 Assembly Info**
- **A10\_Region 5 Assembly Handbook\_UPDATED 9\_25**
- **A11\_Region 5 Funding Assistance Form-2025**
- **A12\_KerryM\_Secretary Application**
- **A13\_KevinF\_ViceChair Application**
- **A14\_R5 Bylaws Amendment Form**
- **A15\_R5 New Business Form**
- **A16\_R5 Policy Amendment Form**
- **A17\_Region 5 Committee Contact Form**
- **A18\_Region 5 Business Committee Form**

- **A19\_Region 5 Updated Convention Guidelines\_2022**
- **A20\_Relapse Is Not Contageous, But Recovery Is Event Flyer**
- **Packet A Combined Print Document**
  - ***We recommend reviewing Packet A online***, but waiting to print both Packets until we release Packet B on October 17th (in case updates are needed). And then we **highly** suggest reviewing all the Packet A and Packet B materials before the business of the Assembly starts on Saturday morning.
  - Please note that we add Packet page numbering at the **TOP** of the **Combined Print Document PDF pages**, to assist with finding documents during the sessions. When searching for these new top of page reference page numbers, please ignore any numbering that appears at the bottom of the pages (those numbers are native to the original individual documents).
  - We have also included the option to request Packet printouts, as part of the Fall Assembly online registration.
    - There will be an additional **\$55** charge for R5 supplying the Packet printouts.
    - The deadline for requesting Region 5 Packet printouts will be **October 17th**.

**What is not included in Packet A**

- Reports from Region 5 Committees and Officers of the Board. These will be in **Packet B** and available on the website on Friday, October 17th.

If you have any questions, please don't hesitate to email me.

Thank you.

Keri E.

Region 5 Secretary

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