



OVEREATERS ANONYMOUS – REGION 5 SECRETARY

October 15, 2025

RE: Region 5 2025 Fall Assembly

October 31 – November 2, 2025.

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The Assembly will be held **in-person only** at the Hilton Garden Inn in Chesterton, Indiana. Beginning on Friday, October 31st through Sunday, November 2nd, 2025. The Assembly is **open to all Region 5 OA members**.

Remember that we will be holding elections for the Region 5 Secretary and Vice-Chair positions on Sunday, November 2nd.

This letter is part of the 2025 Fall Assembly **Packet B**. Packet A was previously released and there will be one additional Packet released after the Assembly (**Packet C** – containing the Assembly Meeting Minutes and other supporting documents).

Region 5 2025 Fall Assembly Packet B Documents:

- **B01_Region 5 2025 Fall Assembly Secretary Letter**
- **B02_Region 5 2025 Fall Assembly Credentials Report**
- **B03_Region 5 2025 Fall Assembly Chair Report**
- **B04_Region 5 2025 Fall Assembly Vice Chair Report**
- **B05_Region 5 2025 Fall Assembly Trustee Liaison Report**
- **B06_Region 5 2025 Fall Assembly Treasurer Report**
- **B07_Finacial Statement of Activity_Jan to Oct_2025**
- **B08_Budget to Actual Spreadsheet 2025**
- **B09_Region 5 2025 Fall Assembly Proposed 2026 Budget**
- **B10_Region 5 2025 Fall Assembly Parliamentary Moment_Roberts Rules Cheat Sheet**
- **B11_Region 5 2025 Fall Assembly Consent Agenda**
- **B12_Region 5 2025 Fall Assembly Bylaws Report**
- **B13_Region 5 2025 Fall Assembly Nominating Committee Report**
- **B14_Region 5 2025 Fall Assembly PIPO Sub Committee Report**
- **B15_Staying Connected Through the Holidays Workshop Flyer**
- **B16_Find-a-meeting-improvements-phase-2-flyer**
- **B17_Secular-daily-reader-call-for-stories-flyer**

- **Packet B Combined Print Document**
 - We highly suggest reviewing all the Packet A and Packet B materials before the business of the Assembly starts on Saturday morning.

- Please note that we add Packet page numbering at the **TOP** of the **Combined Print Document PDF pages**, to assist with finding documents during the sessions. When searching for these new top of page reference page numbers, please ignore any numbering that appears at the bottom of the pages (those numbers are native to the original individual documents).

PLEASE NOTE THAT WE MADE UPDATES/CORRECTIONS TO THESE PACKET A DOCUMENTS (since the release in Sept.):

- **A02_Region 5 2025 Fall Assembly Proposed Agenda**
- **And all of those same pages within the Packet A Combined Print Document.pdf**

If you have any questions, please don't hesitate to email me.

Thank you.

Keri E.

Region 5 Secretary

R5Secretary@outlook.co