



OVEREATERS ANONYMOUS – REGION 5 SECRETARY

November 14, 2025

RE: Region 5 2025 Fall Assembly – October 31st – November 2nd, 2025

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The 2025 Fall Assembly Packet C has been posted on the Assemblies page of region5oa.org.

Region 5 2025 Fall Assembly Packet C Documents:

- **C01_Region 5 2025 Fall Assembly Secretary Letter**
- **C02_Region 5 2025 Fall Assembly Minutes**
- **C03_Region 5 2025 Fall Assembly Credentials Report**
- **C04_Region 5 2025 Fall Assembly Adopted Agenda**
- **C05_Region 5 2025 Fall Assembly 2025 Adopted 2026 Budget**
- **C06_Region 5 2025 Fall Assembly Adopted Amendments and Motions**
- **C07_Region 5 Policies and Procedures_UPDATED 11_12_25**
- **C08_Region 5 Fall Assembly Business Committee Reports**
- **C09_Region 5 Fall Assembly Bridging Sub-Committee Reports**
- **C10_Region 5 Post Office Box Change Flyer**

If you have any questions, please contact the Region 5 Board or your Trustee Liaison.

NOTE: Watch for updates from the Region 5 Board about the upcoming 2026 Virtual Spring Assembly and the in-person Fall Assembly.

Thanks for allowing me to be your Region 5 Secretary these past four years.

Keri E.

Outgoing Region 5 Secretary

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