



OVEREATERS ANONYMOUS – REGION 5 SECRETARY

April 1, 2026

RE: Region 5 2026 Spring Assembly - March 6th-7th, 2026.

Dear Region 5 Intergroups, Representatives, Officers, and Trustee Liaison.

The 2026 Spring Assembly Packet C will be posted on the Assemblies page of region5oa.org shortly. Thank you for all you do for the REgion and for OA.

The final total for the 7th Tradition contribution taken during the Assembly was incredible. Region 5 received \$505.00 in donations that weekend. You are awesome!

Region 5 2026 Spring Assembly Packet C Documents:

- C01_Region 5 2025 Spring Assembly Secretary Letter
- C02_Region 5 2025 Spring Assembly Minutes
- C03_Region 5 2025 Spring Assembly Credentials Report
- C04_Region 5 2025 Spring Assembly Adopted Agenda
- C05_Region 5 2025 Spring Assembly Adopted Motions
- C06_Region 5 Policies and Procedures_UPDATED March 2026
- C07_Region 5 Standing Rules Virtual_UPDATED
- C08_Region 5 Spring Assembly Business Committee Reports
- C09_Region 5 Spring Assembly Outreach Committee Reports
- C10_Region 5 2026 Convention Flier
- C11_Friday Night Specific Focus Groups Flier
- C12_Parliamentarian Moment Slideshow

Don't forget to mark your calendars:

2026	
July 18	Board and Committee Chair Reports due to Secretary. No Conference call.
Region 5 Convention September 4th-6th, 2026	Crowne Plaza Indianapolis, Indiana. 2501 S High School Rd, Indianapolis, IN
October 23-25	Region 5 Fall Assembly at Hilton Garden Inn, Chesterton, IN
2027	
March 12-13?	Spring Assembly: Virtual (Exact date to be determined)
July 17	Board and Committee Chair Reports due to Secretary. No Conference call.

October 22-24?

Region 5 Fall Assembly (Location to be determined)

If you have any questions, please don't hesitate to email me.

In loving service,

Kerry M.

Region 5 Secretary

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