



Overeaters Anonymous

2026 Spring Assembly Minutes

Location: Virtual Assembly

Saturday, March 7 – Morning Session

1) **The 2026 Spring Assembly Morning Session was called to order** by the Region 5 Chair – Pam P.

at 8:30 AM CT and 9:30 AM ET, Opened with:

- a) The OA Responsibility Pledge and the Serenity Prayer.
- b) For Today was read by Allen B.
- c) The 12 Steps were read by Norma B.
- d) The 12 Traditions were read by Barb K.
- e) Five Minute Get to Know You Share – Leigh Ann M.

2) **Credentials Report:**

- a) The Credential Report Roll Call was conducted by the Region 5 Vice-Chair – Kevin F.
- b) Counts were:

Voting Reps Present:	21
Voting Officers Present:	4
Eligible Voters Present:	25
Non-voting Alternates, Guests	2
Parliamentarian	1
Region Trustee Liaison	1
Total Attendance	29

- c) The full Credentials Report can be found in Packet C: “C03_Region 5 2026 Spring Assembly Credentials Report”.
- d) There was no objection to the Credentials Report as presented. The Credentials Report was approved.
- e) The Region 5 Chair declared a quorum to be present.

3) **Standing Rules:**

- a) The Standing Rules for Virtual Assembly, distributed in Packet B, were read by Bylaws Committee Chair – Susan M.
- b) The Standing Rules were adopted.

4) **Agenda:**

- a) The Proposed Agenda UPDATED, distributed in Packet B, was reviewed. Note that minor, housekeeping editorial changes (timing and workshop titles) were suggested before the Assembly and will be included in the adopted Agenda.
- b) Hearing no further objections, the Assembly Agenda was adopted.
- c) The adopted Agenda will be in Packet C as file “C04_Region 5 2025 Fall Assembly Adopted Agenda”.

5) Consent Agenda: (CA)

Region 5 Policies Amendment

P7

December 31, 2025

Move to amend Region 5 Policies and Procedures, Article II. Responsibilities and Duties of Officers and Representatives of Region 5, Section D. Duties of the Region 5 Secretary, Paragraph 2. Management, Subparagraph c. Maintains legal, historical, and current files: Item 1, by inserting as follows:

Current Wording:

1. Bylaws.

Proposed Wording:

1. Region 5 Bylaws.

Submitted by: the Bylaws Committee

Susan M. Bylaws Committee Chair, 847-710-8823, susan.m.oe@gmail.com

Intent: To avoid confusion as to what bylaws the R5 Secretary is responsible for (Region 5 as opposed to intergroup bylaws)

Implementation: Update the Region 5 Policies and Procedures

Cost: Minimal

Rationale: There was confusion regarding who keeps copies of the intergroup bylaws.

- a) Consent Agenda was presented in Packet B10, details in Packet A05 Amendments. Policies Amendment P7.
 - b) Called for discussion and/or objections.
 - c) No objection to CA as is, and it was adopted by the Assembly.
- 6) **Countdown for years of Abstinence was conducted.**
- 7) **Introduction and welcome of Assembly Newcomer Reps (Green Dots)** was conducted.
- 8) **Former Officers and Trustees were introduced.** Present were Allen B., Chris B., Susan M., Gerri M., Barb K.
- 9) **Five Minute Get to Know You Share-** Allen B.
- 10) **Thanks to the Region 5** Unity Intergroup in Minnesota that hosted the OA meeting over the weekend.
- 11) **Volunteer Services:**
- a) Nominating Committee for open positions for Next Fall – Barbara D. (MI), Theresa H. (IN), Marylyn D. (OH), Susan M. (IL), Carol Ann M. (WI), Suzy R. (KY), Liz Z. (MN), and Brent H. (MO). Marilyn D. was appointed chair of this committee by the Board Chair.
 - b) Minutes Approval Committee – Norma B. and Liz Z.
 - c) Timer – Leigh Ann M.
- 12) **The 2026 Spring Assembly Morning was adjourned** at 9:40 AM CT, 10:40 AM ET, for a 15-minute break.
- 13) **Executive Committee Reports with Q/A:**
1. Region 5 Chair
 - i) Three important things reported.
 - ii) Q and A discussion.
 2. Region 5 Vice-Chair
 - i) Three important things reported.
 - ii) Q and A discussion.
 3. Region 5 Secretary

- i) Three important things reported.
- ii) Q and A discussion.
- 4. Region 5 Trustee Liaison
 - i) Three important things reported.
 - ii) Q and A discussion.
- 5. Region 5 Treasurer
 - i) Three important things reported.
 - ii) Q and A discussion.

14) New Business:

14.1 Policy and Procedure Motion P1, distributed in Packet A, was read by the Chair.

- a) The proposed P1 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed P1 was presented by the maker of the motion: the Bylaws Committee represented by Susan M.
- c) P1 was allowed a debate of pros and cons.
- d) Friendly editorial changes were accepted.
- e) An amendment was proposed, seconded, debated, discussed, and voted on.
- f) The amendment failed.
- g) The original proposal moved forward with pros, cons, and discussion.
- h) P1 was brought to a vote.
- i) P1 was adopted by the Assembly.

Region 5 Policies and Procedures Amendment **P1**

May 30, 2025

Move To: Amend Region 5 Policies, Article I. Region 5 General Policies, Section A. Date and Location of Assemblies, Paragraph 2, as follows:

Current Wording:
2. Assemblies will be held in a central location as determined by the Region 5 board. Assembly locations may rotate at the discretion of the Region 5 board.

Proposed Wording:
2. ~~Assemblies will be held in a central location as determined by the Region 5 board. Assembly locations may rotate at the discretion of the Region 5 board.~~ In-person assembly location will be determined at the discretion of the Region 5 Board.

Submitted By:
Region 5 Bylaws Committee
Contact: Committee Chair Susan M Phone: 847-710-8823 Email: susan.m.oe@gmail.com

Intent: To update and simplify the policy

Implementation: Update the Region 5 Policies

Cost: Minimal

Rationale: To update the current wording, which is complicated and almost contradictory, and to acknowledge that not all assemblies are face to face.

14.2 Policy and Procedure P2, distributed in Packet A, was read by the Chair.

Region 5 Policies and Procedures Amendment

P2

December 2025

Move To: Amend the Region 5 Policies, Article I. Region 5 General Policies by adding Section I. Conflict of Interest Policy as follows:

Current Wording:

None

Proposed Wording:

- I. Region 5 Board members, Parliamentarian, Hotel Liaison, and anyone else who could potentially benefit financially from actions taken by Region 5, whether through reimbursement, travel points, funding assistance, or business that Region 5 engages in, need to sign and comply with the Region 5 Conflict of Interest Policy.

Submitted by:

Region 5 Bylaws Committee

Contact: Committee Chair Susan M Phone: 847-710-8823 Email: susan.m.oa@gmail.com

Intent: To avoid conflict of interest issues.

Implementation: Update the Region 5 Policies, create the Region 5 Conflict of Interest Policy and signature forms.

Cost: Time, effort, some printing.

Rationale: To protect Region 5 from potential conflict of interest issues.

- a) The proposed P2 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed P3 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) P2 was allowed a debate of pros and cons.
- d) P2 was allowed five minutes for discussion.
- e) P2 was brought to a vote.
- f) P2 was adopted by the Assembly.
- g) The Chair will reach out to other Region Chairs to learn of their Conflict of Interests Policies in order to develop such a policy for Region 5.

14.3 Policy and Procedure Motion P3, distributed in packet A, was read by the Chair.

- a) The proposed P3 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed P3 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) P3 was allowed a debate of pros and cons.
- d) Friendly amendments and editorial changes were accepted.
- e) P3 was allowed five minutes for discussion.
- f) P3 was brought to a vote.
- g) P3 was adopted by the Assembly.

Region 5 Policies and Procedures Amendment

P3

Move to amend Region 5 Policies and Procedures, Article V. Preassembly Connection with New Representatives, Section C. The Trustee Liaison, Paragraphs 1 and 4 by striking and inserting as follows:

Current Wording:

1. Electronically sends out a welcome to new representatives with the *OA Handbook for Members, Groups and Service Bodies: Recovery Opportunities*.
4. Reminds the New Representatives about the Orientation Meeting at the Assembly on Friday evening.

Proposed Wording:

1. Electronically sends out a welcome to new representatives ~~with the~~
 - a. If the assembly will be held in person, informs new representatives that they will be receiving a copy of *OA Handbook for Members, Groups and Service Bodies: Recovery Opportunities*, the "Twelve Concepts of OA Service" pamphlet and a Parliamentary Procedures pamphlet at the Assembly.
 - b. If the assembly will be held virtually, informs new representatives that these items will be sent directly to them.
4. ~~Reminds~~ Invites the ~~New R~~epresentatives ~~about to~~ the Orientation Meeting which will be held virtually about one week before the Assembly. ~~at the Assembly on Friday evening.~~

Final Wording:

1. Electronically sends out a welcome to new representatives.
 - a. If the assembly will be held in-person, informs new representatives that they will be receiving a copy of *OA Handbook for Members, Groups and Service Bodies*, the "Twelve Concepts of OA Service" pamphlet and Parliamentary Procedures at the Assembly.
 - b. If the assembly will be held virtually, informs new representatives that these items will be sent directly to them.
4. Invites the new representatives to the Orientation Meeting which will be held virtually about one week before the Assembly.

Submitted By: Region 5 Bylaws Committee

Susan M. Bylaws Chair, 847-710-8823, susan.m.oe@gmail.com

Intent: To update policies to account for current practices and changes due to virtual assemblies.

Implementation: Update the Region 5 Policies and Procedures

Cost: Postage for mailing material to new reps before virtual assemblies

Rationale: We now have virtual assemblies and we no longer offer the new rep training Friday evening at in-person assemblies.

14.4 Policy and Procedure Motion P4, distributed in Packet A, was read by the Chair.

Region 5 Policies and Procedures Amendment

P4

Move to amend the Region 5 Policies and Procedures, Article II. Responsibilities and Duties of Officers and Representatives of Region 5, Section B. Duties of the Region 5 Chair, Paragraph 3 and subparagraphs as follows:

Current Wording:	Proposed Wording:
<p>3. Schedules and Chairs the Summer Board/Committee Conference Call.</p> <p>a. Schedules call to be held no later than the first week of August.</p> <p>b. Provides agenda to include (at the minimum):</p> <ol style="list-style-type: none">1. Time of questions of all reports2. Time for intergroup sharing <p>c. The agenda may also include time for meetings for all Business Committees and Outreach Committee of the Whole.</p> <p>d. Except for Committee business, no motions or official business shall be conducted during this meeting.</p> <p>e. Attendance shall be taken</p> <p>f. Minutes of the call shall be made available on the Region 5 website.</p>	<p>3. Schedules <u>the date for the posting of the summer reports and for the final submission of all reports to be posted no later than the first week of August.</u> and Chairs the Summer Board/Committee Conference Call.</p> <p>a. Schedules call to be held no later than the first week of August.</p> <p>b. Provides agenda to include (at the minimum):</p> <ol style="list-style-type: none">1. Time of questions of all reports2. Time for intergroup sharing <p>c. The agenda may also include time for meetings for all Business Committees and Outreach Committee of the Whole.</p> <p>d. Except for Committee business, no motions or official business shall be conducted during this meeting.</p> <p>e. Attendance shall be taken</p> <p>f. Minutes of the call shall be made available on the Region 5 website.</p>

Submitted By:

Region 5 Bylaws Committee

Contact: Committee Chair Susan M Phone: 847-710-8823 Email: susan.m.oat@gmail.com

Intent: To update the policy to conform with current practices.

Implementation: Update the Region 5 Policies

Cost: Minimal

Rationale: We decided last fall that we were not going to have summer conference calls though we still had a Summer Packet.

- a) The proposed P4 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed P4 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) P4 was allowed a debate of pros and cons.
- d) P4 was allowed five minutes for discussion.
- e) P4 was brought to a vote.
- f) P4 was adopted by the Assembly.

14.5 Policy and Procedure Motion P5, distributed in Packet A, was read by the Chair.

Region 5 Policies and Procedures Amendment

P5

Move to amend the Region 5 Policies and Procedures, Article II. Responsibilities and Duties of Officers and Representatives of Region 5, Section D. Duties of the Region 5 Secretary, Paragraph I by striking and inserting as follows:

<p>Current Wording: 1. Assembles and emails links to the posted online packet for the Summer Board/Committee Update Conference Call (no fewer than 14 days prior to meeting) consisting of: 1. Officer Reports, 2. Trustee Report, 3. Financial Reports (1/1 through 5/31), 4. Business Committee Reports, 5. Outreach Sub-committee Reports, 6. Day in the Life Write-ups, 7. Any application forms (support fund applications, assembly funding request, officer application forms), etc.</p>	<p>Proposed Wording: 1. Assembles and emails links to the posted <u>Summer Packet online packet for the Summer Board/Committee Update Conference Call</u> (no fewer than 14 days prior to meeting) consisting of: 1. Officer Reports, 2. Trustee Report, 3. Financial Reports (1/1 through 5/31), 4. Business Committee Reports, 5. Outreach Sub-committee Reports, 6. Day in the Life Write-ups, 7. Any application forms (support fund applications, assembly funding request, officer application forms), etc.</p>
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Submitted By:

Region 5 Bylaws Committee

Contact: Committee Chair Susan M Phone: 847-710-8823 Email: susan.m.oat@gmail.com

Intent: To update the policy to conform with current practices.

Implementation: Update the Region 5 Policies

Cost: Minimal

Rationale: We decided last full that we were not going to have summer conference calls though we still had a Summer Packet.

- a) The proposed P5 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed P5 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) P5 was allowed a debate of pros and cons.
- d) P5 was allowed five minutes for discussion.
- e) P5 was brought to a vote.
- f) P5 was adopted by the Assembly.

14.6 Policy and Procedure Motion P6, distributed in Packet A, was read by the Chair.

Region 5 Policies Amendment

P6

Date: January 18, 2026

MOVE TO AMEND: Move to amend Region 5 Policies and Procedures Manual, Article II. Responsibilities and Duties of Officers and Representatives of Region 5, Section H. Hotel Liaison by inserting and striking as follows:

CURRENT WORDING:

H. Hotel Liaison

The Chair appoints a Hotel Liaison to fulfill the following duties:

1. Serves as liaison between assembly/convention hotel and the Region 5 Board.
2. Researches and recommends hotel sites for Region 5 assemblies and conventions for R5 Board selection. Conducts personal inspections, if necessary.
3. Negotiates contract with hotel on behalf of Region 5 and co-signs contract with Region 5 Vice Chair.
4. Makes room reservations for Region 5 officers at the assembly/convention hotel and advises officers of arrangements. Makes room reservations for the Parliamentarian at Region 5 assemblies.
5. Forwards hotel floor plan, forms, reservation instructions, and/or other hotel promotional material to the Region 5 Secretary for distribution.
6. Informs the Region 5 Secretary of meeting room assignments for the events on the assembly agenda. Informs the Convention Program Committee of the meeting room assignments for the events on the convention program.
7. Notifies assembly/convention hotel of the number of participants for each meal.
8. Periodically checks with hotel to ensure no unexpected events have occurred that would interfere with holding the assembly/convention at the site.
9. Reviews hotel bill with the Region 5 Treasurer.
10. Attends Region 5 Assemblies and Conventions and serves as the Hotel Liaison.
11. Expenses of the Hotel Liaison will be paid by Region 5, including meals, hotel, and travel expenses.
12. Except as noted above, reports to the Region 5 Vice Chair.
13. a. May be outsourced to professional service or employee. b. Eligibility requirements for OA members filling this service position are the same as Region 5 Representatives defined in the Region 5 Bylaws Article V. c. OA members may serve a maximum of eight (8) consecutive years.
14. May be invited to Region Executive Board Meetings as needed on request.

PROPOSED WORDING:

H. Hotel Liaison

The ~~Chair~~ Region 5 Board appoints a Board member, a Representative, another OA volunteer, or a professional service or employee to be a Hotel Liaison to fulfill the following duties:

1. Serves as liaison between assembly/convention hotel and the Region 5 Board.
2. Researches and recommends hotel sites for Region 5 assemblies and conventions for R5 Board selection. Conducts personal inspections, if necessary.
3. Negotiates contract with hotel on behalf of Region 5 and co-signs contract with Region 5 Vice Chair.
4. Makes room reservations for Region 5 officers at the assembly/convention hotel and advises officers of arrangements. Makes room reservations for the Parliamentarian at Region 5 assemblies.
5. Forwards hotel floor plan, forms, reservation instructions, and/or other hotel promotional material to the Region 5 Secretary for distribution.
6. Informs the Region 5 Secretary of meeting room assignments for the events on the assembly agenda. Informs the Convention Program Committee of the meeting room assignments for the events on the convention program.
7. Notifies assembly/convention hotel of the number of participants for each meal.
8. Periodically checks with hotel to ensure no unexpected events have occurred that would interfere with holding the assembly/convention at the site.
9. Reviews hotel bill with the Region 5 Treasurer.
10. Attends Region 5 Assemblies and Conventions and serves as the Hotel Liaison.
11. Expenses of the Hotel Liaison will be paid by Region 5, including meals, hotel, and travel expenses.
12. Except as noted above (and if not the Region 5 Vice Chair), reports to the Region 5 Vice Chair.
13. ~~a. May be outsourced to professional service or employee.~~
 - b. a. Eligibility requirements for OA members filling this service position are the same as Region 5 Representatives defined in the Region 5 Bylaws Article V.
 - e. b. OA members may serve a maximum of eight (8) consecutive years.
14. May be invited to Region Executive Board Meetings as needed on request.

SUBMITTED BY: Region 5 Bylaws Committee, Contact: Susan M, Bylaws Committee Chair
Phone: 847-710-8823 Email: susan.m.oe@gmail.com

INTENT: To expand the possibilities for who may be the hotel liaison

IMPLEMENTATION: Update the Region 5 Policies and Procedure Manual

COST: Nominal

RATIONALE: Originally, Hotel Liaison was a duty of the Vice Chair. That shifted when that became a deterrent to running for Vice Chair. Now we are looking for someone to fill that position. Since the position requires a particular skill set, we would like to expand where we look for such a person.

- a) The proposed P6 was approved for consideration by the Bylaws Committee Chair- Susan M
- b) The first pro for proposed P6 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) P6 was allowed a debate of pros and cons.
- d) P6 was allowed five minutes for discussion.
- e) P6 was brought to a vote.
- f) P6 was adopted by the Assembly.

15) **The 2026 Spring Assembly Morning was adjourned** at 12:00PM CT, 1:00 PM ET, for lunch.

16) **The 2026 Spring Assembly Afternoon session was called to order** by the Chair with the Serenity Prayer at 1:32PM CT, 2:32 PM ET.

17) **Credentials Report:**

- a) The Credential Report Roll Call was conducted by the Region 5 Vice-Chair – Kevin F.
- b) Counts were:

Voting Reps Present:	22
Voting Officers Present:	4
Eligible Voters Present:	26
Non-voting Alternates, Guests	2
Parliamentarian	1
Region Trustee Liaison	1
Total Attendance	30

- c) The full Credentials Report can be found in Packet C: "C03_Region 5 2026 Spring Assembly Credentials Report".
- d) There was no objection to the Credentials Report as presented. The Credentials Report was approved.
- e) The Region 5 Chair declared a quorum to be present.

New Business Continued:

14.7 Bylaws Motion B1, distributed in Packet A, was read by the Chair.

<p>Region 5 Bylaws Amendment</p> <p>March 31, 2025</p> <p>Move to amend Region 5 Bylaws, Article X Meetings, Section D by inserting as follows:</p> <p>Current Wording: D. At a Region 5 Assembly held upon proper notification, two Region 5 officers and any Region 5 representatives present shall constitute a quorum for the transaction of any Region 5 business.</p> <p>Final Wording after the passed amendment: D. At a Region 5 Assembly held upon proper notification, two <u>(2)</u> Region 5 officers and <u>a minimum of one (1)</u> Region 5 representatives present shall constitute a quorum for the transaction of any Region 5 business.</p> <p>Submitted by: Bylaws Committee Chair Susan M 847-710-8823 susan.m.oa@gmail.com</p> <p>Intent: To make it clear that 2 officers do not constitute a quorum.</p> <p>Implementation: Update Bylaws</p> <p>Cost: Nominal</p> <p>Rationale: The current wording could be interpreted that two officers constitute a quorum.</p>	<p>B1</p>
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- a) The proposed B1 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed B1 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) B1 was allowed a debate of pros and cons.
- d) An amendment was made and seconded.
- e) The amendment was allowed pros, cons, and discussion.
- f) The amendment was voted on and passed.
- g) Pros and cons to the new B1 continued.
- h) The new B1 was allowed five minutes for discussion.
- i) B1 was brought to a vote.
- j) B1 was adopted as amended by the Assembly.

14.8: New Business Motion NB1, distributed in Packet A, was read by the chair

- a) The proposed NB1 was approved for consideration by the Bylaws Committee Chair- Susan M.
- b) The first pro for proposed NB1 was presented by the maker of the motion: the Bylaws Committee, represented by Susan M.
- c) NB1 was allowed a debate of pros and cons.
- d) A friendly amendment was made based on the previous motion; it was accepted.
- e) NB1 was allowed five minutes for discussion.
- f) NB1 was brought to a vote.
- g) NB1 was adopted by the Assembly.

Region 5 New Business Amendment

NB1

March 31, 2025

Move to amend the Standing Rules for Region 5 Assembly by striking and inserting as follows:

Current Wording:

1. Two (2) Officers and any Region Representatives present shall constitute a quorum for the transaction of any Region 5 business.
2. Parliamentary Rules shall be followed.
15. All cell phones, pagers and other electronic devices are to be turned off or muted during business sessions. All private conversation will be conducted outside the meeting rooms.
18. Electronic devices are permitted at Assembly Meetings only to assist attendees to conduct assembly related business.

Proposed Changes after the friendly amendment:

1. At a Region 5 Assembly held upon proper notification, Two (2) Region 5 officers and any a minimum of one (1) Region 5 representative present shall constitute a quorum for the transaction of any Region 5 business.
2. Parliamentary Rules shall be followed except when they conflict with Region 5 Bylaws.
15. All cell phones, pagers and other electronic devices are to be turned off or muted during business sessions and are permitted at Assembly Meetings only to assist attendees in conducting assembly related business. All private conversation will be conducted outside the meeting rooms.
18. ~~Electronic devices are permitted at Assembly Meetings only to assist attendees to conduct assembly related business. All private conversation will be conducted outside the meeting rooms~~

Submitted by: Region 5 Bylaws Committee

Susan M. Chair, 847-710-8823, susan.m.oa@gmail.com

Intent: 1) To clarify what constitutes a quorum, 2) To prioritize Region 5 Bylaws over Parliamentary Procedure. 15 and 18) To combine related rules and separate unrelated rules.

Implementation: Update Region 5 Standing Rules

Cost: Nominal

18) Business Committee Meetings met in breakout rooms.

- a) Bylaws Committee
- b) Convention Committee
- c) Finance Committee
- d) Media Committee

19) Outreach Committee Meetings met in breakout rooms.

- a) Intergroup to Intergroup
- b) PIPO
- c) 12th Step Within

20) **The 2026 Spring Assembly Evening Session was called to order** by the Chair – Pam P. at 6:30 PM CT, 7:30 EST

21) **Opened with the Serenity Prayer.**

22) **Credentials Report:**

- a) The Credential Report Update Roll Call was conducted by the Region 5 Vice-Chair – Kevin F.

b) Counts were:

Voting Reps Present:	20
Voting Officers Present:	4
Eligible Voters Present:	24
Non-voting Alternates, Guests	2
Parliamentarian	1
Region Trustee Liaison	1
Total Attendance	28

c) The full Credentials Report can be found in Packet C: "C03_Region 5 2025 Fall Assembly Credentials Report".

d) There was no objection to the Credentials Report as presented. The Credentials Report was approved.

e) The Region 5 Chair declared a quorum to be present.

23) Minutes Approval for the 2025 Fall Assembly.

a) One correction was proposed.

b) As there were no objections to the 2025 Fall Assembly Minutes as presented, the Minutes were approved by the Assembly.

24) 7th Tradition for the Assembly was collected virtually over the course of the two days. The total will be presented in packet C.

25) Parliamentary Moment was presented by Gerri M.

26) Business Committee Reports:

a) Bylaws Committee

i) Report presented by the Bylaws Committee Chair – Susan M.

ii) No questions.

b) Convention Committee 2026

i) Report was presented by the Convention Committee member – Barb K.

ii) Q and A discussion.

c) Finance Committee

i) Report presented by the Finance Committee Chair – Barbara H.

ii) Q and A discussion.

d) Media Committee

i) Report presented by the Media Committee incoming Chair – Norma B.

ii) No Questions.

26) The Power of We Outreach of the Whole Sub-committee Reports:

a) Intergroup to Intergroup Sub-committee

i) Report presented by acting Sub-committee Chair – Ali E.

ii) Q and A discussion.

b) PIPO Sub-committee

i) Report presented by Sub-committee member – Kevin F.

ii) Q and A discussion.

c) 12 Step Within Sub-committee

i) Report presented by Sub-committee member – Carol Ann M.

ii) No questions.

27) **Emergency New Business:** None.

28) **Outgoing Representatives acknowledged.**

29) **Five Minute Get to Know You Share** – Theresa H.

30) **New representative graduation (Green Dot) ceremony was conducted.**

31) **Announcements were made.**

32) **The 2026 Spring Assembly was adjourned at 7:22 PM CT, 8:22 PM ET.**

Thank you.

Kerry M

Region 5 Secretary

*Approved on 3/14/2026 by the Minutes Approval
Committee*