



## **OVEREATERS ANONYMOUS – REGION 5 SECRETARY**

July 18, 2026

**RE: Region 5 2026 Summer Packet**

Dear Region, 5 Intergroups, Representatives, Officers, and Trustee Liaison.

This letter is part of the **2026 Summer Packet**. This Packet will be the main update for Region 5 information until the 2026 Fall Assembly on October 23 through October 25 in Chesterton, Indiana.

### **Region 5 2025 Summer Packet Documents:**

- **A01\_Region 5 2026 Summer Secretary Letter**
- **A02\_Region 5 2026 Summer Chair Report**
- **A03\_Region 5 2026 Summer Vice Chair Report**
- **A04\_Region 5 2026 Summer Treasurer Report**
- **A05\_Region 5 2026 Summer Trustee Liaison Report**
- **A06\_Region 5 2026 Summer Day in the Life of the Region 5 Chair**
- **A07\_Region 5 2026 Summer Day in the Life of the Region 5 Treasurer**
- **A08\_Region 5 2026 Summer Application for Region 5 Officer**
- **A09\_Region 5 2026 Summer Convention Committee Report**
- **A10\_Region 5 2026 Summer Bylaws Committee Report**
- **A11\_Region 5 2026 Summer PIPO Sub Committee Report**
- **A12\_Region 5 2026 Summer 12 Step Within Sub Committee Report**
- **A13\_Region 5 2026 Summer Intergroup 2 Intergroup Sub Committee Report**
- **A14\_Region 5 2026 Summer Media Committee Report**
- **A15-A17\_ Treasurer's Summer Financials**
- **Summer Packet Combined Print Document**

### **Three notable things I have worked on since the 2026 Spring Assembly**

1. I continue working on website updates with the Media Committee and with the webmaster. Specifically, we focused on the home page, events calendar and the Intergroups page.
2. I regularly respond to emails regarding our email blasts and information for events.
3. I have revised the Speakers List and updated it with over 35 names of people willing to share their experience, strength, and hope throughout Region 5.

### **Upcoming Region 5 Officer Elections**

At the 2026 Fall Assembly, we will be holding the election for the Region 5 Chair and the Region 5 Treasurer. You can check out the Day in the Life of a Region 5 Chair and Treasurer documents in the Packet (A06 and A07 PDFs) to gauge interest in applying for the positions. Working on the Board is a great experience and fulfilling service for OA. There is an Officer Application form in the Summer Packet (A08 PDF). If you want to apply for either of these service positions, please fill out the application and send it to me, no later than **August 24, 2026**. Please do not forget to sign the document before sending it to me. If you scan the document, you can also send me the application by email. However, it is not actually received until I have the signed paper copy of the Application.

In loving service,

Kerry M

Region 5 Secretary

R5Secretary@outlook.com