



REGION 5 2026 OA CONVENTION Flutter into Freedom!

-Based on the Twelve freedoms found in "Voices of Recovery" July 23rd

September 4-6, 2026 - Indianapolis, IN



**LAST CHANCE TO
PRE-REGISTER AND RESERVE
HOTEL BLOCK!!**



PRE-REGISTRATION CLOSES AUG 1ST, 2026

Pre-Convention Workshop: \$65

"Emotional Sobriety"

Friday September 4th ; 10am-2pm (lunch included in cost)

Regular Pre-Pregistration: \$180

Includes Convention, lunch and dinner on Saturday only

Online or mail

(postmarked by August 1st, 2026)

To Register:

Go online to **www.REGION5OA.org**

Payment by major credit card

Print, complete, and mail the paper information and registration form (1 per person) to:

Region 5 of Overeaters Anonymous;

P.O. Box 22175; Louisville, KY 40252

Payment by money order or check: payable to

OA Region 5

please do not send cash

Walk-In Pricing (no meals included): \$105

Walk up registration will be open Friday 4-6:30pm and Saturday 7:30-8:15am. No Sunday registration.



Hosted by:



Sponsored by:



**Crowne Plaza Hotel by the
Indianapolis Airport**

2501 S High School Rd,
Indianapolis, IN 46241

**SPACE VERY LIMITED!
NO ROOMS AVAILABLE ON 9/3**

Special Room Rate: \$109+tax

- Smoke-free property
- Complimentary onsite parking
- Complimentary airport shuttle
- Fitness center
- Coffee/tea maker & Hairdryer in each room
- Workspace in each room
- Mini fridge

Hotel Check-In: 4pm

Hotel Check-Out: 12pm

Pre-reservation cutoff is Saturday, August 1st

To make your reservation:

Call: 317-244-6861 and mention the OA Convention room block

Visit this link: 2026 Convention Hotel Link

OR Use the QR Code:



Based on the 12 Freedoms of Overeaters Anonymous

Freedom From...

- | | |
|-----------------------------|-------------------|
| ✧ the obsession with food | ✧ self-reliance |
| ✧ insanity and hopelessness | ✧ blame |
| ✧ the bondage of self | ✧ fear of people |
| ✧ dishonesty | ✧ complacency |
| ✧ isolation | ✧ loneliness |
| ✧ running the show | ✧ lack of purpose |

-Voices of Recovery, July 23