

MSButterflyer

July 2026

Newsletter of Overeaters Anonymous for Chicago Western Intergroup Far-Out (CHI-WIF)

To subscribe, send an email to msbutterflyer@yahoo.com and put Subscribe in the subject line.

HANDY LINKS

World Service Events calendar....click for upcoming World Service Events.

<https://oa.org/event-calendar/>... LOTS OF GREAT VIRTUAL EVENTS FROM AROUND THE WORLD

World Service Podcasts....click for podcasts

[Podcasts and Videos - Overeaters Anonymous](#)

[Young Adults Podcasts - Overeaters Anonymous](#)

Region 5 Events calendar....click for upcoming Region 5 Events.

<https://www.region5oa.org/events/>

Region 5 Online Articles....click for online articles by OA members

[Online Articles – Region 5 of Overeaters Anonymous](#)

CHI-WIF Intergroup . click for information about our Intergroup

<https://www.chiwifoa.org>

<https://www.chiwifoa.org/what-is-intergroup/>

Mail In Contribution Form: [Click Here](#)

Zelle Payments: [Click Here](#)

NEWS

OA's newest and most comprehensive handbook for both veteran and first-time sponsors.

<https://bookstore.oa.org/pamphlets/sponsorship-in-oa-215/>

Need a meeting close to you? Learn how to start one in your area!

<https://oa.org/how-to-start-a-new-oa-meeting/>

OA bookstore: “A gift with your order (starts July 1) Spend \$30 in July and August, and the Bookstore will add a small gift to your order. Also, bundles of pamphlets and wallet cards are still on discount.

<https://bookstore.oa.org/>

OA Lifeline accepts submissions in all languages!

<https://oa.org/news/lifeline-accepts-submissions-in-all-languages/>

ANNOUNCEMENTS

Have you looked at the CHI-WIF page for newcomers.... A great place to start!

<https://www.chiwifo.org/for-newcomers/>

OA Board passes \$1.8 million budget for 2026! <https://oa.org/news/oa-board-passes-us1-8-million-budget-for-2026/?news-category=0&page=0>

UPCOMING WORKSHOPS/EVENT

Surviving Summer Abstinently. Hybrid Super Saturday. July 11, 2026

www.region5oa.org/event/surviving-summer-abstinently/

Body Image Workshop CSSI sponsored. August 15 10am to 1pm, Palos Heights, Illinois

<https://www.chiwifo.org/wp-content/uploads/2026/05/Body-Image-workshop-flyerr.pdf>

Region 5 Annual Convention, FLUTTER INTO FREEDOM September 4-6 2026, Indianapolis Indiana.

<https://www.region5oa.org/event/flutter-into-freedom-annual-convention/>

This literature has been locally produced by CHI-WIF IG. The content reflects the experience, strength and hope of our local members. It is not OA Conference or board-approved and does not represent OA as a whole.