Fellowship in a Virtual World Workshop & Skit
R5 Fall Assembly 2026/Juliette R. Trustee

A. Skit: (5-7 Minutes for 4 people*)

Need a flipchart with markers or whiteboard with dry erase markers

B. Reactions (LG/5 minutes**)
1. Back Story: Region 5 has voiced concern.
2. Group response to skit.

C. Large group definition of fellowship. (LG/10-15 minutes)
1. Re-read the quotes. Share.
2. Define Fellowship
3. How is it different from outreach calls & meetings?
4. What are the benefits?
5. Share a story of fellowship (if not already shared in the quotes)
6. Why is it important? Is it?

D. Virtual Obstacles to Fellowship Opportunities (LG/5 minutes)
1. Ask group for obstacles and list. Some below.
    a. geographic separation
    b. virtual or video options for fellowship only
    c. screen savers and black screens
    d. not seeing our bodies just heads; disease keeps us hidden and ashamed
    e. capacity to hide
    f. we are exposed but do not know to what or whom: safety

E. Solutions (SG/10-15 minutes): Share quote below

F. Reports/Show and Tell (LG/10 minutes)

G. Q&R & Conclusions (LG 5-10 minutes)

"Frothy emotional appeal seldom suffices. The message which can interest and hold these alcoholic people must have depth and weight."
— Alcoholics Anonymous Big Book, p. xxvii

Fellowship Definition: friendship, camaraderie, rapport, company

*Times are estimated depending on the group.
**LG= Large Group SG=Small Group

Fellowship Skit

Characters: OA Members 1, 2, & 3 (M, 1, 2, 3)
Black Screen Person (BSP)*
Setting: Meeting room with chairs.
Props: 3 pieces of paper with quotes on them.
A black handheld rectangular screen with "IPhone" printed on it.

(M1 & M2 are already seated in a circle. BSP enters carrying a black screen and sits down or can be preset if no live person.)

(M1 & M2 look at each other. They look at the screen. Again at each other.)

M1: (to the BSP) Hi. Are you new? I am _____.

M2: And I am _____. Welcome.

(They wave. No response.)

(M3 enters and notices BSP. Sits down shyly.)

M1: Welcome to OA. I'd like to start the meeting. My name is _____ and I am a compulsive eater.

M2: I am _____. I am a bulimic.

M3: My name is _____. I am new…ish. This is my third meeting.

(M3 looks very uncomfortably at the BSP.)

M1: *(to the BSP*) Would you like to introduce yourself?

(No response.)

M1: Oh. Okay. Well, welcome. These are our readings for today. Our topic is Fellowship. Would you both read one?

M2: *(Reads first quote)*

"To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends; this is an experience you must not miss."
— Alcoholics Anonymous Big Book, p. 89

M3: *(Reads second quote)*

"Yes, there is a substitute and it is vastly more than that. It is a fellowship in Alcoholics Anonymous. There you will find release from care, boredom and worry. Your imagination will be fired. Life will mean something at last."
— Alcoholics Anonymous Big Book, p. 152

M1: *(To BSP)* Would you like to read one? *(No response so M1 reads)*

"We are people who normally would not mix. But there exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful. We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table."
— *Alcoholics Anonymous Big Book p. 17*

M1 (continues): Would anyone like to share on the quotes or the topic of Fellowship?

(The members ad-lib a share on what they read.)

M2: *(To BSP)* Would you like to share something? *(again no response)*

M1: It is time to close the meeting. Please join me in the Serenity Prayer.

(*They all say the Serenity Prayer.)*

M1: Wow, that was strange. Who was that? Have you seen them before?

M2: I hope they are ok. They didn't speak. What should we do?"

M2: Want to go for coffee?

M1 & M3 (together) YES!

(They leave completely and for a moment….The hidden member remains alone.)

**This role can be just the screen on a chair or a person carrying it. The BSP does not speak. It is funnier for the screen to have legs.*